AMAGRAM

3/4 • 2022

by Amway

Your Must-Have Amway Products

美國安利公司首席執行官潘睦鄰
Amway Corporation Chief Executive Officer Milind Pant

祝願虎年收穫豐碩
Pursuing Greatness in the Year of the Tiger

回顧2021年，以及你在這充滿不確定性的一年所獲得的一切，我們也可藉此機會展望未來，同時就來年的發展調整目標和方向。新的一年，大家也注入了全新的活力和熱情 — 當我與各位於線上及線下碰面時，我也深深感受到這一切！

我們剛慶祝過2022年虎年的農曆新年；當你們在建立事業及支持各自的社群時，我無法想像到一個比老虎更切合的象徵來描述你們持續展現出來的信心、勇敢和力量！

新的一年，也迎來新的迫切感。每一天，我們都與A70之旅更接近，那麼我們該如何繼續昂首走向未來？

我們將依循60年前，啟發創辦人理查．狄維士及傑．溫安洛的創辦人成長思維來實現這目標。我知道你們所有人都擁有與這相似的理念，這從你們的成功充分反映。在通往A70之旅中，願你們繼續秉持用心引領、竭誠服務、終身學習的思維。

這些理念深深植根於我們所做的每一件事情中，把這三個強大的理念融合在一起，成就了安利。這三個理念包括：

- 安利的事業機會是平等的。安利真的適合所有人！如果你擁有熱誠、積極的態度，以及一部手提電話，你就可以成為一名創業家。
- 自卡路．宏邦於很久前到中國學習古代中醫藥以來，全方位健康和保健一直是安利的核心。
- 社群的力量比以往任何時候都更加重要，無論是線下，還是越來越頻繁的線上聯繫，每個人都在尋找一個可分享共同熱忱的社群。

當然，這三個理念與我們長久以來的共同使命 — 幫助別人過更好、更健康的生活有密不可分的關係。這將是繼續推動我們的使命！

這些都是持續激勵我的核心理念 — 我希望你也能從中找到啟發。

祝願2022年更精彩！

As we reflect on 2021 and all you achieved during a year of uncertainty, we also have the opportunity to look to the future and align our goals and direction for the year to come. With the new year comes a renewed sense of energy and passion – I can sense this as I stay in touch with all of you, both online and offline!

Recently we celebrated the Lunar New Year. 2022… the Year of the Tiger! I cannot imagine a more fitting symbol of the confidence, bravery, and strength you continue to demonstrate as you build your businesses and support your communities!

With the new year also comes a renewed sense of urgency. We are one step closer to A70 every day… so how do we continue boldly toward our future?

We will do that by living by the Founders Growth Mindset ideals that inspired Rich and Jay 60 years ago. I know you all hold these ideals close, as it is evident in your success. On the road to A70, may you continue to Lead with Heart, Live to Serve and Love to Learn.

Those ideals are engrained in everything we do, as are the three powerful ideas that fuse together to make Amway, Amway. These ideas are:

- The Amway opportunity is inclusive. Amway truly is for everyone! If you have a Passion, a Positive attitude, and a mobile Phone, you can become an entrepreneur.
- Holistic Health and Wellness has been at the core of Amway since Carl Rehnborg traveled to China to study ancient Chinese medicine so long ago.
- The power of community is more important than ever before, be it offline, or increasingly online, individuals are seeking a sense of community based on shared passions.

Of course, these three things are tied to our longtime, shared mission of Helping People Live Better, Healthier Lives. This is the mission that will continue to drive all we do!

These are the core ideas that continue to inspire me – I hope you find inspiration in them, too.

Wishing you all the best in 2022!

Amway Insider

2 祝願虎年收穫豐碩

Cover Story

4 你的必備安利單品

Amway Insider

6 改變・超越

10 新晉直銷商

15 銅章直銷商表揚名單

17 越「薦」越強　推薦獎勵計劃

18 成就・同行
創業者行政鑽石直系直銷商徐傑、劉穎恩夫婦

20 2020/2021財政年度
安利新晉直系直銷商培訓之旅 花絮重溫

Healthy News

22 身體成分大檢查 (男士篇)
內臟脂肪 不可忽視

Beauty Picks

24 雅姿光感煥白系列

26 雅姿愛地球
零塑海洋　與微膠珠説Bye Bye

Home Living

28 呵護每一吋肌膚　給自己健康愜意的沐浴時光

30 安利家居科技產品推廣

33 牛尾羅宋湯

Happenings

34 安利(香港)榮獲「智醒綠色消費品牌大獎2022」
安利(香港)2021年獎項一覽

35 定期訂貨計劃

Care & Share

38 一道菜配一種茶　首創「配茶體驗」新概念

美國安利機構於1959年在美國密西根州亞達城創立，是全球最大的直銷機構之一，辦事處遍佈全球100多個國家及地區。• 香港安利「Amagram」由美國安利(香港)日用品有限公司出版。• 香港鰂魚涌英皇道979號太古坊濠豐大厦15樓。• 英皇道郵政局郵政信箱34864號。• 電話：2969 6333 • 香港直銷協會及世界直銷協會會員 • 香港安利互聯網址：www.amway.com.hk • 電子郵件信箱：ahkinfo@amway.com • 安利體驗館及安利購貨中心：新界、澳門 • 版權所有，翻印必究。

Founded in Ada, Michigan, USA in 1959, Amway Corporation is one of the largest direct-selling companies in the world, covering some 100 countries and territories. • AMAGRAM is published by Amway Hong Kong Limited. • 15th Floor, Oxford House, Taikoo Place, 979 King's Road, Quarry Bay, Hong Kong. • P.O. Box 34864 King's Road Post Office • Tel: 2969 6333 • Members of the Hong Kong Direct Selling Association and World Federation of Direct Selling Associations • Website: www.amway.com.hk • E-mail: ahkinfo@amway.com • Amway Experience Centre and Merchandising Centres: New Territories, Macao. • All copyrights reserved.

Amway

PRINTED WITH SOY INK

使用環保印刷油墨印製

你的必備安利單品
Your Must-Have Amway Products

對不少人來說，想要在家煮食或維持每天攝取均衡的營養也不容易，加上接踵而來的生活及工作壓力，皮膚質素也會受影響，出現不同程度的肌膚問題。正因如此，不少人都選擇把健康交給營養補充品，再為肌膚不停「進補」；各適其適的產品對各位健康及美容初哥來說，點揀最好？

Amagram為你介紹家中的必備單品，讓你從基本開始，為健康打底；同時亦可根據肌膚需要，自己動手配搭不同的護膚產品，為肌膚及身體注入最適合自己的營養。

Many of us can't find the time to cook at home and ensure we get a balanced daily intake of nutrients. Coupled with the stress you experience from work and everyday life, this could have a big impact on your skin and lead to a variety of skin problems. To achieve a healthy body and young-looking skin, many people opt for nutrition supplements as well as starting a skincare routine. How to make the best choice when it comes to health supplements and skincare products is a question on many people's lips.

Amagram is proud to introduce the must-have Amway products that can help you build a healthy body and personalize your skincare routine according to your unique needs. A healthy body and flawless skin are just around the corner!

必需營養　為健康打底
Essential Nutrients for Your Health

100%吸收的蛋白質
100% Absorption

全面保護
Provides All-Round Protection

紐崔萊™多寶營養片
Nutrilite™ Double X

- 提供12種維他命、10種礦物質及21種植物營養素
- 採用專利技術PHYTOPROTECT™，結合薑黃、迷迭香和洋蔥，平衡體內游離基，保護細胞
- 採用RWD(Refractive Window Drying)提煉技術，使片劑體積更細小，植物營養素更多
- Provides 12 kinds of vitamins,10 kinds of minerals and 21 kinds of phytonutrients
- Features a patented PhytoProtect™ blend – a unique combination of turmeric, rosemary and onion – that supports the body's defense against free radicals
- Refractive Window Drying (RWD) technology presents more phytonutrients in a smaller tablet size

紐崔萊™全植物蛋白質粉
Nutrilite™ All Plant Protein Powder

- 提煉自純天然大豆、小麥及豌豆
- 含有人體9種必需氨基酸，蛋白質吸收率達100%
- 不含乳糖、膽固醇，是脂肪含量低的蛋白質來源
- Naturally derived from soy, wheat and peas
- Contains nine essential amino acids in the best proportions, facilitating the body's absorption
- A lactose-free, cholesterol-free and low-fat source of protein

個人專屬 給肌膚最合適的呵護
Personalized Skincare Routine – Pamper Your Skin the Right Way

Artistry Signature Select™個人專屬修護方案
Artistry Signature Select™ Personalized Serum

Artistry Signature Select™個人專屬修護精華五款修護安瓶分別為「保濕」、「提亮」、「抗皺」、「緊緻」及「淡斑」，選擇最多三款與基底精華液混合，自由配搭共25款組合，為你提供個人專屬精華組合，打造年輕完美肌膚。

Artistry Signature Select™ Personalized Serum contains five concentrated Amplifiers – hydration, brightening, anti-wrinkle, firming and anti-spot. Users can select up to three highly concentrated Amplifiers based on individual skincare needs, meaning that a total of 25 different combinations have been personalized just for you.

- 基底精華配方成分蘊含100%植物注入萃取水，加入5種產自紐崔萊™自家農場的植物，提升滲透力175%*
- 能量注入技術為雅姿獨家技術，亦是美容業界首創。使用特別容器保護重要修護成分，避免氧化及失去效力。重要修護成分濃度比雅姿日用精華高60%
- The Base Serum formulation contains 100% Phyto-infused water and five Nutrilite™-sourced botanicals that help to increase penetration by up to 175%*
- Power Infused Technology is exclusive to ARTISTRY – a first for the beauty industry. A special chamber protects key performance ingredients from oxidation and loss of potency. The serum contains a 60% higher concentration of key performance ingredients compared to ARTISTRY's previous serums

* 結果來自個人專屬修護基底液與修護安瓶混合 Result of mixing Amplifiers with Base Serum

5款修護安瓶，針對5大主要肌膚問題
5 Amplifiers Created to Address the Top-five Skin Health Concerns

Artistry Signature Select™個人專屬修護面膜
Artistry Signature Select™ Mask

體驗Multi-Masking的好處！Multi-Masking是指一次過在臉上不同的部位使用多款面膜，針對臉上特定部位的不同需求，輕鬆建立高度個人化的護膚方案，帶來即時效果。

Enjoy the benefits of multi-masking! This refers to using multiple masks on different face zones at the same time, or as part of a multi-day routine. Multi-masking makes it easier to create a highly personalized skincare regimen that targets the varying needs of specific face zones. This customized treatment is designed for immediate results.

- 針對最常見的5種肌膚問題：乾燥、毛孔粗大、膚質粗糙、缺乏彈性及膚色不均
- 每款面膜均注入源自紐崔萊™自家農場的天然植物成分；只需7分鐘，即可享受更健康、更美麗的肌膚
- Targets the five most common skin concerns: dryness, large pores, uneven texture, loss of elasticity and uneven skin tone
- Each mask is powered by an infusion of skin-loving Nutrilite™-sourced botanicals; enables you to enjoy healthier, more beautiful-looking skin in just seven minutes

為你帶來更健康、更美麗的肌膚
Enjoy Healthier, More Beautiful-Looking Skin

改變 · 超越

Making a Difference

要展現男士魅力，並不是以年齡來區分；年輕的男性，也可具備成熟的特質。他們有的經過社會歷練的洗禮，做事沉穩有序；有的本著探索和冒險精神，保持強大的好奇心，令生活充滿活力及樂趣。安利的事業平台讓令他們經歷蛻變，賦予他們更多使命，肩負各自的責任，學懂承擔。他們敢想敢做，堅持到底；每一個歷程的小進步，源於他們勇於求變，超越自己。

Age is not the only factor that defines a person's maturity. Some of the younger generation have displayed wisdom beyond their years in pursuing their dream and contributing to society, while others show great curiosity, exploring the world and creating new adventures in the pursuit of an energetic and fun-filled life.

The Amway platform enables members of the younger generation to experience transformation, take on new challenges and shoulder more responsibility. These young people display a willingness to think and act for themselves, showing persistence and perseverance along the way. Every small step in their progress is a result of a desire to make changes in life and the courage to exceed their own expectations.

現時職業：營養及體重管理顧問　Current Occupation: Nutrition and Weight Management Consultant

高山低谷　創業挑戰

Sonic很早已踏入社會，汲取不同的工作經驗。初出茅廬的他默默耕耘，「我曾經以為做到自己喜歡的工作，遇上好的上司，更一步步協助他成功創業。但是後來卻發現付出與收穫不成正比，令我身心疲憊，從而萌生自己創業的念頭。」凡事親力親為的Sonic坦言，做生意的過程令他有另一番深刻的體會，「我要面對創業成本、市場競爭、潮流轉變、人才流失及大環境影響等問題，亦曾經歷投資失利，生意難以經營。」為了成功，他更不惜遠赴日本、澳洲工作；他感慨：「明明很努力，還是不能把『財』累積成『富』。」創業過程中的困難遠比想像中多，但是Sonic面對高山低谷卻從不氣餒。

決心成功　享受全方位人生

「我曾經沒有穩定的工作及收入，身兼數職，由早上六點開始工作至晚上，當時我問自己：未來的生活就要這樣嗎？」不久，Sonic的妹妹組織了家庭並成功置業，這讓他發現這便是他一直嚮往的幸福生活。同時，他不禁感到迷惘：自己一直以來的努力是否白費？直至Sonic開始了解安利事業，其低風險及高自由度的特性吸引了他，「最打動我的就是一次參加安利大會，聽到台上幾位嘉賓的分享，他們的生活正是我一直所憧憬的全方位人生。當時我下定決心，一定要取得成功。」高低起伏的創業經歷並沒有磨滅Sonic想改變及突破的決心，他鎖定目標，為他的安利事業增添更多助力。

調整身心狀態　成就他人

在發展安利的過程中，Sonic不斷培養更多興趣及習慣，「我鑽研營養學，每天早起閱讀，然後做兩小時運動；最重要是調整身心狀態，才能做出好成績。」Sonic亦慢慢學習不刻意討好別人，誠實面對自己及他人，提升自己的言談舉止，做好並相信自己。「正視自己的缺點，接受從前的挫折失敗，活出更好的自己。」Sonic的努力，源於夥伴對他的信任，「希望每年都可以帶領信任我的夥伴一同成長，走向更高台階。」他相信透過增強自己的影響力，能讓更多人把握安利的事業機會，實現夢想，「只要目標清晰，全力以赴，你定可以超越自己，成就他人。」

Facing Ups and Downs

Sonic entered the workforce at an early age and has gained experience in a variety of jobs. He worked hard right from the start and at one point believed he'd found the perfect job and ideal boss. "I helped him to establish a successful business, but I was left feeling exhausted, both mentally and physically, and I found that the effort was not always equal to the reward. It was at that point that I came up with the idea of establishing my own business," he recalled.

Sonic is always happy to handle things by himself, which helped him to gain experience in every aspect of developing a business. "I needed to face different problems, from finding the set-up capital to market competition, trend changes, talent loss and the impact of the broader business environment. I have also experienced investment failure and the painful process of closing a business," he said.

At one point Sonic even flew overseas to Japan and Australia to find work as he was so eager to succeed. "I worked so hard, but sadly I wasn't able to build more wealth," he said, but he wasn't discouraged. In fact, it made him even more determined to keep his faith.

Determined to Succeed

"I used to live a life without a stable job and income. I held several jobs and was working from 6am until late at night. I questioned myself at that time: was this the life I wanted in the future?" When his little sister got married and purchased a home, he had a better understanding of what he wanted his dream life to be, but at the same time felt frustration that all his hard work might be in vain. He couldn't find the answer to his dilemma – until he encountered the Amway business.

"I was immediately attracted by its low-risk characteristics and the freedom the business offered," he explained. "What moved me the most was when I participated in an Amway rally and discovered that the people speaking on stage were living the kind of well-rounded life that I had dreamed of for so long. I became determined to succeed in the business." His up-and-down experience as an entrepreneur didn't swerve Sonic from his commitment to making a breakthrough. He set a clear goal from the start, which helped him achieve success in an effective way.

A Healthy Body and Mind

Sonic has cultivated many new interests and life skills since joining Amway. "I studied nutrition, read every single morning, then exercised for two hours every day. I thought the most important thing was to adjust my physical and mental state and maintaining good health has certainly helped me to achieve good results," he smiled. Sonic is now learning not to "please others" intentionally; instead, his focus is on being true to himself as well as constantly working to improve his behaviour and manner. "I need to do well and believe in myself. Facing up to your own shortcomings and accepting the setbacks and failures in your past will all help you to be a better self!"

The trust between partners has driven Sonic to work hard in his Amway business. "I wish to be able to lead the partners who place their trust in me to grow and reach a higher goal together every year," he said. He believes he can introduce the Amway business opportunity to more people by enhancing his influence and helping them realize their dreams together. "As long as you have a clear goal and are devoted to the business, you will surely be able to exceed your limits and create value for others!" Sonic smiled.

現時職業：全職直銷商　Current Occupation: Full-time Distributor

磨練心智　創造價值

曾任職廣告公關及物理治療用品銷售的Leon，在工作上，對外要處理不同客戶的需求、出席頻繁的商務應酬；對內則要達到上司的嚴荷要求、肩負「跑業績」的重任。回想當時的工作情況，Leon無奈分享道：「每天工作不分晝夜，以應對沒完沒了的人和事；上司只看業績，用數字衡量員工的價值。那數年的工作固然艱辛，卻也是磨練心智的一段旅程。」這些經歷令Leon明白到他需要創造自我價值，重拾人生的選擇權，他因此開始思索自己的人生。

穩健中求突破

作為一名果敢進取的年輕人，Leon保持開放的態度，抓緊不同的機會。當時Leon正尋求工作保障，並想再作個人突破，他本著學習和嘗試的心態開始了解安利事業。「我認為安利是一門穩健中求突破的事業，其公平制度、自由及良好的企業文化正是我發展的原因。大家不分彼此，沒有職位高低，互相學習。」Leon形容從前的他鋒芒畢露，不懂謙遜；在安利的環境卻令他發現「天外有天，人外有人」，「有很多比我學歷、能力高的領袖，他們仍虛心學習，自我增值，帶領團隊不斷成長。安利舞台不在於你個人的能力有多強，而是你怎樣協助別人成長。」現在的他學會欣賞別人的優點，同時發掘他人長處。

生命就是不斷超越自己

願意改變，是因為接納當下的自己。Leon笑言：「從前沒有強大的目標感，周而復始的工作，猶如虛度光陰。」但是他被安利的氛圍所帶動，慢慢探索自我，用心了解並重新檢視自己，突破既有思維，讓現在活得更好。「我透過不斷設立小目標，不論在學習上、團隊架構上，還是業績上，都想看看自己可以有多拼搏，同時提升個人能力。」他希望讓父母過更優質的生活，為他們帶來榮耀和驕傲，讓自己的人生有更多選擇權。哪怕每天踏出一小步，Leon不為自己設限，因為生命就是不斷超越自己。

Sharpen Your Mind and Create Value

Leon understands the demands of a traditional business, having previously worked in businesses as diverse as advertising and the physio supply field. He had to meet the needs of different clients and take part in various business activities, and at the same time meet the stringent requirements of his boss and shoulder the major responsibility of meeting targets.

"I needed to work all day to deal with an endless array of tasks. Sadly, my supervisor only focused on the sales performance, and we were all given a grade based on the sales volume we contributed. It was a really tough experience, but it was also a journey that helped to sharpen my mind," Leon shared, recalling his "unforgettable" experience. However, everything he had been through made Leon think more about his life. He realized that he needed to create his own value and regain the right to choose his own direction, so he began to think more seriously about what he wanted in the future.

Achieving Breakthroughs, Building Stability

As a bold member of the younger generation who is eager to make progress in life, Leon has always kept an open mind and a willingness to seize different opportunities. He was looking for job security and wanted to create a personal breakthrough, and after discovering Amway he began to find out more about the business in a diligent way. "I saw that Amway was a stable business that could enable me to create the breakthrough I was looking for. I was attracted by Amway's fair system, freedom and great company culture, so I decided to start the business. My partners in the team, who came from very different backgrounds, were all eager to help and learn from each other," he shared.

Leon describes himself as someone who was always willing to showcase his talents, but he discovered that "there are always people better than you" in the Amway environment. "In Amway, there are many leaders who have good academic backgrounds and great business skills, but they are still willing to keep on learning with a humble heart. They still strive for self-enhancement and lead the team to grow. The Amway platform is not just about your own abilities but also how you help others to grow and learn," Leon shared, adding that he now learns to appreciate others' strengths while developing his own strengths at the same time.

Finding a True Purpose in Life

Leon said that he didn't have a strong sense of purpose in the past. "I continued to work hard every day and didn't really make time for the things in life that matter," he recalled, sharing that the atmosphere he experienced in Amway spurred him to explore new things and begin listening to his inner self. He began to re-examine his life and start exploring things from a new perspective, aiming to find greater fulfilment.

"By constantly setting small goals in terms of study, team structure or business performance, I want to see how I can work effectively and improve my personal abilities at the same time," the determined Leon shared. At the same time, he hopes to provide a better quality of life for his parents and make them feel proud of what he is achieving. Even if he just takes one small step every day, Leon has not set any limits and strongly believes that the true purpose of life lies beyond the individual.

現時職業：醫療器材銷售　Current Occupation: Medical Device Sales Representative

外向好動　幫助別人

Justin去年於香港大學畢業，修讀工程科學 — 主修生物醫學工程。剛成為職場新鮮人的Justin，從事醫療器材銷售的工作；他的選擇，大概可以從他的性格參透一二。「大部分畢業的同學都會投身生物醫學工程或相關的調研工作。但是我卻喜歡擔任前線崗位，與人互動交流，不想每天上班也只與機器為伴。」Justin補充，他的決定也是受到安利文化的影響，「我想找一份對外接觸不同客戶、多勞多得、幫助別人的職業，醫療行業是我的首選。」於大學時期便開始發展安利的Justin，希望透過安利平台，發掘自己更多的可能性。

探索精神　放膽嘗試

熱愛運動、開朗活潑、興趣廣泛的Justin喜歡探索新事物 — 攀石、登山、潛水、戶外攝影亦是他的愛好。他對新事物充滿好奇，更有不同的抱負，「我希望成為一名旅遊攝影師，遊歷世界並發掘奇特的景點；登上世界七大高峰，挑戰極限，感受大自然的震撼。」然而，要實踐夢想，並非輕易，Justin分享道：「年輕人確實有很多不同的機遇，安利事業也並非唯一的選擇。我希望有一個讓我發掘潛能、發揮所長、賺取額外收入的平台，安利的事業平台正正讓我可以早點達到財務自由，實現夢想。」Justin是個不輕易動搖的人，他亦聽過不少反對聲音，「雖然看似與一般年青人走不同的路，但是這是一門成就他人的事業，何樂而不為？」而Justin的父母亦受到兒子的影響，開始關注健康，並透過體重管理產品改善體重。「我與家人的關係愈來愈好，擁有更多共同話題，更會一起討論有什麼方法可幫助希望改善健康的朋友。」

學習才有成長

現在，Justin不斷學習，在成長的路上，對自己憧憬的未來越趨堅定。「我是個率性的人，有時想做就做，沒有太多計劃。我希望變成有規劃的人，一步一步規劃我的路向和將來。」Justin興趣繁多，不過他現在變得更專注，因為他認為安利事業值得用心經營，「要成功，更要懂得規劃時間。」最後Justin分享道：「我原是一個不善於表達的人，現在個人能力慢慢提升，演講技巧及自我激勵能力都比以前更強。」一顆堅定、勇於學習和成長的心，才會不斷追求突破。

Outgoing, Active and Helpful

Justin graduated from the University of Hong Kong last year with a degree in Engineering Science, majoring in Biomedical Engineering. As a newcomer to the workplace, he is now working as a sales representative for a medical equipment supplier – a career choice that can probably be understood by examining his personality.

“Most of my fellow graduates chose to work in the biomedical engineering field or related research work but I prefer to be on the frontline and interact with people. I don't want to work with all those machines every day,” Justin shared, adding that his decision was also influenced by the Amway culture. “I want to have a career where I can get in touch with different customers, get more rewards through hard work, and have the opportunity to help others. Having started developing Amway when he was still a university student, Justin now hopes to discover more possibilities for himself through the platform.

Willing to Explore

Justin is a sports lover; he is also a cheerful and active member of the young generation with a range of interests – his hobbies include rock climbing, mountaineering, diving and outdoor photography. He is full of curiosity about new things and has several ambitions.

"I hope to become a travel photographer. I want to explore the world and see its wonderful attractions. And I'd also like to climb the world's Seven Summits to feel the true power of nature," Justin said, acknowledging that it won't be easy to realize all his dreams. “Frankly, young people have many different opportunities open to them and Amway is not their only choice. For me, I want to find a platform that would enable me to explore my potential, develop my strengths and earn extra income. Amway is the platform that could help me achieve financial freedom at an early stage and realize my dream,” Justin said.

Justin is a person who holds strong beliefs. Although he encountered many objections along the way as he developed Amway, “I believe I have made the right choice, because Amway helps people succeed. It doesn't concern me that I chose a different path compared to my peers.” Influenced by Justin, his parents started to take better care of their health and began using weight management products. "My relationship with my family is getting better now and I feel happy that we have a lot more in common to share. We will discuss ways to help friends who also want to improve their health."

Learning to Grow

Justin continues to keep learning and has become more determined about what kind of future he wants. “I'm a straightforward person. I like to follow my heart and don't make too many plans – I now want to be a focused person who is able to map out a path for my future,” Justin shared. Although he has many interests, he has started to become more focused on his work, as he believes that Amway is a business worth developing. “You need to manage your time well if you want to succeed,” he explained.

As someone who previously had difficulty expressing himself, Justin is now enjoying improved personal capabilities, new-found public speaking skills and the ability to motivate himself. Only a determined individual who is eager to learn and grow is able to achieve continuous breakthroughs in life.

新晉直銷商 OUR NEW QUALIFIERS

明珠直系直銷商
PEARL DIRECT DISTRIBUTOR

陳燕儀
Chan Yin Yee
行政
Administration

業績的晉升，讓我深深感受到團隊「一條心」的重要性。初發展安利時，我比較著重個人成長，今天則希望帶領更多夥伴一同努力，朝著目標邁進；團隊成功，自己才算成功。未來，我希望可全職發展安利，發掘事業的更多可能性。

Being promoted in the business has helped me to fully experience the importance of sharing the same goal within a team. When I started Amway, I focused more on personal development, but now my emphasis is on the development of my partners as we work hard together towards the same goal. I define my own success by the success of my team. My goal in the future is to develop Amway on a full-time basis.

創業者直系直銷商
FOUNDERS PLATINUM DISTRIBUTORS

余詠珊　鄭國良
Yu Wing Shan Grace & Cheng Kwok Leung
香薰及自然療法治療師 / 頭皮護理及髮型師
Aromatherapist / Scalp-care & Hair Stylist

「Only nice people can be successful in Amway」，啟發了我們積極發展安利。我們十分欣賞安利創辦人的企業理念及文化，以幫助別人過更好的生活為使命。感恩遇上安利，我們已認定這是我們會發展一輩子的事業。

The saying that “only nice people can be successful in Amway” was one of the things that inspired us to develop the business in a positive way. What we appreciate most about Amway are the founder's fundamentals and the company culture, with the mission to help people live better lives. We are blessed to have encountered Amway and see it a lifelong business.

創業者直系直銷商 FOUNDERS PLATINUM DISTRIBUTOR

曾燕群
Tsang Yin Kwan
家庭主婦
Housewife

安利配備完善、高品質的產品配合領導人的協助；安坐家中，也能透過安利網上資源，得到專業的答案。

Amway is a well-equipped business offering high-quality products and generous guidance from the leaders. I can get professional answers from Amway's online resources even if I am at home.

直系直銷商 PLATINUM DISTRIBUTORS

袁嘉雯　余晢暉
Yuen Ka Man & Yu Man Fai
銷售工程師 / 數據科學專才
Sales Engineer / Data Scientist

一直希望創業，卻發現建立個人事業並不簡單，要維持事業發展更不容易。低風險的安利事業，早已為你準備創業所需的一切；希望讓更多人了解安利的事業機會。

I had always wanted to start a business but discovered that it was not easy – and that it was even more difficult to sustain the development of a business. However, Amway has everything already prepared for you so that you are ready to begin developing the low-risk business straight away. I want to let more people learn about the great business opportunity offered by Amway.

直系直銷商 PLATINUM DISTRIBUTORS

梁志芬
Leung Chi Fun
家庭主婦
Housewife

我最欣賞安利的創辦人理念；發展安利的每位夥伴都十分積極並充滿希望，不同背景的人都可以在安利的環境發揮所長。我希望可藉此擴闊眼界，增值自己。

What I appreciate most about Amway is the founders' fundamentals that underpin the business. Each partner who chooses to develop Amway approaches it with a hopeful and positive mindset, and people from different backgrounds can explore their potential in the Amway environment. I now wish to broaden my horizons and create more value for myself.

李美姍
Lee Mei Shan
普拉提導師
Pilates Instructor

我不喜歡刻板的生活，希望可享受自由時間，同時賺取穩定的收入。安利事業助我發展個人才能，我希望透過發展事業，體驗不同地方的文化，有更精彩的未來。

I prefer not to live a rigid life and like the idea of being able to enjoy free time and a stable income. The Amway business has enabled me to develop my personal strengths. My goal now is to experience the culture of different cities through developing Amway, and to enjoy a more fruitful future.

胡芳華
Wu Fong Wah Flora
產後矯形公司東主
Postpartum Binding Company Owner

透過使用安利的營養補充品改善健康，從而認識到安利的事業機會。安利事業擴闊了我的眼光，我更認識到很多朋友。

My health has seen a significant improvement since I began using Amway's health supplements. I have learnt a lot more about the Amway business opportunity and met many new friends.

金章直銷商 GOLD PRODUCERS

何詠宜
Ho Wing Yi
學生
Student

透過安利，讓我可以把優質產品與身邊更多朋友分享，同時我亦更注重健康。

I feel happy that I can share Amway's quality products with more of my friends as I develop the business. More importantly, I have also learnt to take better care of my health.

王游群芳　王紹輝
Wong Yau Kwan Fong & Wong Siu Fai
資產管理 / 資訊科技
Asset Management / Information Technology

安利的事業平台及發展願景，吸引了不同背景的人士發展，活出更好的自己。

The Amway business platform and the vision of the company have attracted people from different backgrounds to develop the business. I feel content about being able to be a better me.

陳綺鑾
Chan Yee Luen
飲品食品進口及批發
Food Importer and Wholesaler

安利改善了我和家人的健康；除了營養知識，亦可培養團隊合作的精神，是一門別具意義的事業。

The health of myself and my family has seen a significant improvement thanks to Amway. This is a meaningful business and I have learnt a lot about nutrition as well as the spirit of teamwork.

梁靜思
Leung Ching Sze
學生
Student

「越努力，越幸運」；只要我們的夢想夠大，眼前的障礙就會變小。

Someone said that "you will find yourself luckier if you work hard to achieve your dream". Dare to dream big and you will find that any obstacles ahead appear smaller.

楊婉華
Yeung Yuen Wah Bianca
藥品質量控制
Pharmaceutical Quality Control

安利讓我和家人更注重營養和健康，我更發現生活和工作也可以有不同的模式；即使身處海外，仍可繼續發展。

Amway has inspired me and my family to focus on nutrition and health. I have also learnt that there are different ways to approach life and work. I feel happy that I can continue to develop Amway even though I am in overseas now.

翁愛同
Yung Oi Tung
汗蒸館東主
Owner of Jjimjilbang

得到理想的成績，除了代表事業的晉升外，更代表我幫助夥伴於事業取得成功，別具意義。

Having achieved a satisfactory result in the Amway business is not just about my personal business achievement – it is equally meaningful to me that I have been able to help my partners succeed in the business.

羅韻芝
Law Wan Chi
家族生意
Family Business

遇上安利，讓我有機會發掘潛能，並藉著其優質產品和事業機會，協助朋友過更美好的生活。

Thanks, Amway, for enabling me to explore my potential at the same time as helping my friends live a better life by sharing the quality products and business opportunity.

Thapa Jhalakraj
講者
Motivational Speaker

我十分高興，因為能與朋友一同晉升成金章直銷商，別具意義；期望能於未來發熱發亮。

It was very meaningful to me - and made me very happy - when I was promoted to Gold Producer along with my friend. I wish to shine on stage in the future.

Limbu Uttam Kumar
自僱人士
Self-employed

安利是一個黃金機會，讓有夢想的人透過安利平台，幫助更多人提升生活質素。

Amway is a golden opportunity for all those with a dream and a desire to help more people improve their quality of life through the Amway platform.

金章直銷商 GOLD PRODUCERS

余美寶
Yu Mei Po
燈光設計師
Lighting Designer

要做不一樣的事情，才有不一樣的結果，所取決的就是我們開始的選擇。

You will enjoy different results if you can approach things in a different way. A lot of this is determined by the choices you make at the beginning.

Thapa Laxman & Rana Sharmila
自僱人士 / 廚師
Self-employed / Chef

業績的晉升，讓我明白到只要努力並堅持信念，定能成功；期望業績更上一層樓。

Being promoted to Gold Producer made me realize that success is at hand if we are willing to work hard and have conviction. I hope to achieve a higher goal in the future.

銀章直銷商 SILVER PRODUCERS

蔡婉珊　何浩霖
Choi Yuen Shan & Ho Ho Lam
文員 / 雕刻家
Clerk / Sculptor

感謝團隊領袖及上線的帶領和耐心教導，專心一致，珍惜眼前人。

Thanks go to my team leader and upline leader for their patience and great guidance. Stay focused on your goal and cherish the support of those around you.

高雅敏
Ko Nga Man
銀行家
Banker

給父母最好的禮物是榮耀，希望他們看到我在安利的進步和成功而感到驕傲。

The best gift I can ever give my parents is to make them proud. I hope they feel satisfaction and happiness at seeing my improvements and achievements in Amway.

相片欠奉
Photo Not Available

Yan Lau
大學生
University Student

我的生活因安利變得精彩，除了得到多一份保障外，亦為我帶來更多選擇。

My life has become a lot more fulfilling thanks to Amway. In addition to enjoying extra protection, I feel blessed that I am better placed to make different choices in life.

劉凱榕
Lau Hoi Yung
學生
Student

我們不要輕易滿足於現狀；只有不斷突破自己，才能達致成功。

We should not be satisfied with the current status quo. Success will be yours if you are willing to work hard and create breakthroughs continuously.

江慧冰
Kong Wai Ping
遊戲班導師
Playgroup Tutor

透過安利平台發展個人事業；現在，我更可以透過事業平台協助他人成功。

I've been able to develop my personal business thanks to Amway. I feel very content about being able to help others succeed through this unique business platform.

陳嘉茵
Chan Ka Yan
物業管理會所監督
Property Management - Clubhouse Supervisor

我十分欣賞安利的優質產品及文化；團隊間互相幫助，助我成長不少。

In addition to its quality health supplements, what I appreciate most about Amway is the company's culture. The strong partnership between team members has helped me grow and learn.

SILVER PRODUCERS 銀章直銷商

郭家穎
Kwok Ka Wing
化妝師
Makeup Artist

透過安利平台建立被動收入，讓我有機會追尋自己的夢想和生活。

I feel happy that I am now able to enjoy passive income thanks to the Amway platform. I am now in a better position to pursue my dream and preferred life.

何嘉欣
Ho Ka Yan
學生
Student

安利改變了我的人生，變得更美好。我經常提醒自己，努力定能得到回報。

Amway has changed my entire life in a very positive way. I always remind myself that hard work will bring its rewards.

黃楚盈
Wong Cho Ying
學生
Student

感謝團隊無條件的指導和協助，讓我成為一個更好的人，對未來更具憧憬。

Thanks go to my team for their unconditional guidance and support, enabling me to improve in different ways. I now feel more hopeful about the future.

葉珮汶
Ip Pui Man
學生
Student

「幫助更多人」一直是我的座右銘，和安利「助人自助」的企業使命不謀而合。

“Helping more people” has been my personal motto for a long time and it aligns perfectly with the “helping spirit” and mission of Amway.

莊汶希
Chong Man Hei
學生
Student

我們只能活一次，只要選擇正確，一次就已足夠！感恩安利令我的未來更精彩。

We only live once, but if we do it right, once is enough! I feel blessed that Amway is helping me to build a more fruitful future.

潘盈姿
Poon Ying Chi
工料測量師
Quantity Surveyor

感謝安利，令我的人生在專業以外，可以享受另一個讓我追逐夢想的舞台。

Besides working hard on my profession, I am grateful to have discovered Amway. I now have a platform where I can pursue my dream.

銅章直銷商表揚名單
Bronze Distributors Recognition

LAU WING LAM
劉穎霖

IP HO CHUN
葉昊津

FONG TSZ YAN
方紫欣

LEE CHUEN YIU
李傳耀

KWOK SZE YU
郭施予

HO KOON PING
何冠屏

NG KA WAI
吳嘉慧

TSANG CHO HONG
曾楚航

CHU CHIK SUM & NG MUI YING BORNEI
朱植森 伍梅英

WU KWOK SANG & WONG YU
胡國生 王茹

TANG FONG YI
鄧昉怡

YIP WAN FUNG DAVID & IEONG POU I
葉雲峰 楊寶儀

WAN CHI CHUN IAN
溫梓竣

CHUNG KA YUEN
鍾嘉源

LEE KA WAI
李嘉慧

FUNG KA MAN
馮嘉敏

銅章直銷商表揚名單
Bronze Distributors Recognition

LAU WING YEE VERONICA
柳詠儀

WONG CHI WAI
黃志偉

YIU KO YIN
饒高賢

ANGBUHANG LIMBU KALPANA

WONG YUEN MAN
黃婉雯

相片欠奉 Photos Not Available

SAE LIM WANPHEN
林尉恩

TAM MEI YUNG
譚美容

LAU HO YIN
柳浩賢

YUEN HO LUNG
袁可龍

LEE TING KWAN MATTHEW & NG KA YIN
李霆鈞 吳家妍

BANTAWA REDEEMSEN

AUSTIN JOSEPH GABRIEL
何曉峰

HUNG WAI
孔慧

CHENG WAI YEE CARRIE
鄭慧儀

CHU YING YU
朱映諭

CHEN JIAO
陳腳

越薦越強 推薦獎勵計劃

Sponsoring New Distributors Rewards

安利事業的成功源於穩健的業績基礎，為鼓勵直銷商積極拓展團隊，現特別推出越「薦」越強 — 推薦獎勵計劃，以獎勵直銷商努力不懈地將安利產品及優秀事業機會介紹予潛在直銷商，與安利攜手一起邁向事業新高峰，擁抱A70的願景。計劃詳情如下：

The success of Amway business stems from a solid performance foundation. In order to encourage Distributors to actively cultivating their groups, Amway Hong Kong is going to launch the "Sponsoring New Distributors Rewards" to reward upline Distributors' unremitting efforts in introducing Amway quality products and excellent business opportunities to potential customers. Join hands with Amway Hong Kong to reach a new peak of your Amway business and embrace the vision of A70. Details of the programmes are as follows:

對象 Target	時段 Period	領取資格 Eligibility
所有直銷商 All Distributors	2022年1月1日至4月30日 January 1 to April 30, 2022	於計劃時段內推薦特定新直銷商人數 Depending on the number of new Distributors sponsored during the period

推薦獎賞詳情 Sponsoring Reward Details

1) 於計劃時段成功推薦一位直銷商，即可獲贈**HISTORY OF 100 OPP** — 事業分享紀錄冊，派發詳情將於稍後公佈；
Successfully sponsor one Distributor during the period and you will receive a **HISTORY OF 100 OPP** - sponsoring history record book. The distribution details of the book will be announced later;

2) 於計劃時段內推薦特定新直銷商*人數，將獲以下獎賞：
Sponsor the required number of new Distributors* during the period will receive the following rewards:

推薦獎銜 Sponsoring Award	推薦人數* No. of New Distributors Required During the Period*	推薦獎賞 Reward
推薦新星 Sponsoring Star	3	1) 推薦新星獎章 Sponsoring Star Pin 2) 安利(香港)別注版口罩(10個)(非賣品) Amway Special Edition Face Masks (10 pcs) (Not for Sale)
推薦大使 Sponsoring Ambassador	6	1) 推薦大使獎章 Sponsoring Ambassador Pin 2) 安利(香港)別注版口罩(30個)(非賣品) Amway Special Edition Face Masks (30 pcs) (Not for Sale) 3) 安利創辦人演講錄音 Recording of Amway Co-Founder's Sharing Speech 4) 進階溝通技巧及人際關係培訓 Advanced Communication Skills and Interpersonal Relationship Training

* 不包括由優惠顧客轉型為直銷商
Distributors who change their status from Privileged Customer are not included

條款及細則：

1 本計劃推廣期由2022年1月1日至4月30日止。
2 申請成為安利直銷商須為年滿18歲或以上的香港或澳門居民。
3 凡於推廣期內成功推薦新直銷商加入安利(香港)，推薦新直銷商人數達到3人或以上可獲得「推薦新星」的獎賞；若推薦新直銷商人數達到6人或以上即可獲得「推薦大使」獎賞。請留意，如獲得「推薦大使」獎賞的直銷商不可重複獲得「推薦新星」的獎賞。
4 新直銷商定義為過去180天內從未擁有安利(香港)直銷商身份；如為重新加入的直銷商，其前戶籍的失效日期必須距離再次加入日期最少180天。
5 所有親自或代推薦的新直銷商，必須於2022年5月31日前行使最少一張迎新產品電子禮券。
6 推薦之新直銷商須於計劃結束並於計算及發放獎賞時，仍然持有有效安利戶籍。若計算及發放獎賞時，推薦之新直銷商因退出戶籍而不符合推薦要求，有關的獎賞資格將被撤銷，不會作事前通知。
7 直銷商必須遵守安利《營業守則》中的各項規定，並展現良好商德，否則將不會獲發相關獎銜/獎賞。
8 安利(香港)保留行使是次推廣之最終決定權及解釋權。

Terms & Conditions:

1 The period of this programme is from January 1 to April 30, 2022.
2 Applicant of Amway Distributor must be a Hong Kong or Macau resident aged 18 or above.
3 Distributor who successfully sponsors 3 new Distributors or above to join Amway Hong Kong during the period will receive the "Sponsoring Star" award; if the number of sponsored new Distributors reaches 6 or above, they can receive the "Sponsoring Ambassador" award. Please note that Distributors who receive the "Sponsoring Ambassador" award cannot receive the "Sponsoring Star" award at the same time.
4 "New Distributors" refers to those who have never been Amway Distributors in the past 180 days; for re-applied Distributors, the expiry date of their previous Distributorships must be at least 180 days from the date of re-application.
5 All personally or foster sponsored new Distributors must have used at least one welcome Product e-Coupon before May 31, 2022.
6 The sponsored new Distributors must hold a valid Amway Distributorship at the time the reward is counted and distributed. If the sponsored new Distributors do not meet the eligibility due to termination of Distributorship, the relevant reward qualification will be revoked without prior notice.
7 In addition to fulfilling the requirements of the award, Distributors must also demonstrate good business ethics and comply with various requirements of the Amway Rules of Conduct. Otherwise, the rewards will not be issued.
8 Amway Hong Kong Ltd. reserves the right of final decision.

成就・同行
Walking Together on the Road to Success

創業者行政鑽石直系直銷商 徐傑、劉穎恩夫婦

Founders Executive Diamond Direct Distributors Tsui Kit & Charis

創業者行政鑽石直系直銷商徐傑、劉穎恩夫婦於早前舉行的安利直銷商大會上，分享他們在成功的路上，與同行者和志同道合的朋友一起，朝著相同的目標進發。他們堅定不移的決心，成就希望與未來；藉著徐傑及其團隊的分享，帶出安利事業可讓你同時兼顧家庭，更可與朋友一同發展的特點。安利更是一門沒有地域界限的國際事業，不論背景及資歷，任何人都可以發展。

Speaking at the latest Amway Distributor Rally, Founders Executive Diamond Direct Distributors Tsui Kit & Charis shared with the audience how they pursued their shared goal with their companions and friends as part of their roadmap for success. Their determination and persistence have enabled them to pursue a more hopeful future.

The sharing by Tsui and his team revealed how Amway enables them to take care of their family at the same time as developing a business together with friends. Another advantage is that Amway is an international business – one that people from all walks of life and different backgrounds can develop.

鑽石直系徐國強

(左上起)創業者直系林向娜、創業者直系周淑姿

(左起)創業者行政鑽石直系徐傑、金章崔詠珊、創業者直系彭敏怡

(左起)創業者直系葉浩然、
創業者直系古達威

公平的事業機會

徐傑自小於安利的環境長大，縱然知道事業可傳承予下一代，但是他一開始對安利事業卻保持觀望態度，「直至我開始深入了解，才發現安利是一個非常公平的事業機會，幫助別人成功從而令自己成功，多勞多得，達至雙贏局面；這令我改變了從前的想法。」他亦說道：「傳統工作以時間換取金錢，當時我想於不影響專業的情況下，同時建立被動收入，因此便決定發展安利。」徐傑認為只要努力付出，大家亦可藉由發展安利事業獲取收入、自由時間和健康。

創業者直系
程婉珊

為別人燃點希望

談及徐傑在安利事業上的收穫，個人成長佔了重要一環。「我到訪過不少國家，並以不同語言作分享。而令我印象最深刻的是2019年為安利(越南)舉行的大會擔任講者嘉賓，五天內前往越南兩個城市作英語激勵演講。」他透過於台上分享自己的故事，從而啟發更多人，「我只是一個普通人，但是能夠為別人的生命燃點希望，別具意義。還記得觀眾當時非常投入，我更被在場年輕人的熱情所感動，藉著我的故事對他們的安利事業有所啟發或幫助，更是難能可貴。」於安利的正向氛圍下，大家互相鼓勵，「我願意分享心得，以自己的經驗幫助及激勵更多人，幫助他們提升自我價值。」

心靈平安　從心出發

徐傑在工作、家庭上擔當著不同的角色，他最喜歡父親這角色 ，「現在，我能夠享受時間自由，既可平日放假，有更多時間與子女相處，努力兑現對他們的承諾，讓他們擁有快樂的童年。」安利事業亦令徐傑得到心靈的平安，他坦言疫情對本業帶來不少影響；疫情前，他從沒想過醫生這「鐵飯碗」亦會受影響。這時候，額外的收入顯得十分重要，「由於我早已成功建立安利事業，真正讓我體會到額外收入的重要性。安利事業令我可享受心靈的平安，我不需要著眼於收入，而是堅守自己的工作原則，幫助有需要的人。」

大會司儀創業者直系鄺綺祺

2020/2021財政年度
安利新晉直系直銷商培訓之旅 花絮重溫
New Platinum Leadership Training Highlights

「2020/2021財政年度・安利新晉直系直銷商培訓之旅」早前於愉景灣酒店圓滿結束。是次培訓讓一眾新晉直系領導人獲益良多。他們透過領導力訓練課程、安利業務計劃及文化問答培訓等不同活動，對個人性格特質，領袖的定位等範疇，有更深的體會。活動亦邀請了行政鑽石直系直銷商陳鎮興、潘慧娟夫婦分享「建立穩健事業的要訣」，講解作為領導人如何推動並建立穩健的團隊。

"PF2020/2021 New Platinum Leadership Training" was successfully held at the Auberge Hotel in Discovery Bay, with all leaders benefitting from the intensive training session.

A range of valuable activities included a leadership training course, and a question-and-answer training session on the Amway business plan and culture. The goal was to help leaders learn more about their own characteristics as well as understanding what it means to be a leader and how to establish and motivate a stable team. There was also a sharing on "Tips for Establishing a Stable Business" by Executive Diamond Direct Distributors Hillman Chan & Rosalind.

導師透過性格透視®，讓領導人探索每種個性的獨特能力，學習彼此了解，改善人際關係。

領導人互相討論，從遊戲圖片卡的元素，分享大家的性格特質。

小總結

透過導師分享、電影欣賞，以及不同的互動遊戲，啟發領導人如何掌握並實踐教練管理技巧 — 由正確信念開始，再由信念推動行為，行為則會影響結果；要相信每人都可以做得到 —「You Can Do It」。每個人都需要被重感；作為一名領袖，要學懂欣賞團隊的付出，「確認」大家做對的地方及事情，讓對方感到被受尊重，從而推動彼此的關係。

領導人參與有關安利業務計劃及文化的問答培訓。

行政鑽石直系直銷商陳鎮興、潘慧娟夫婦分享「建立穩健事業的要訣」。

小總結

領袖的品格是建立穩健事業的第一步，行政鑽石直系直銷商陳鎮興、潘慧娟夫婦分享自律、責任感、誠信度的重要性，以身作則反映領導人的魅力。他們認為「領袖的目標是團隊的希望」，先訂下目標，再充實自身的條件。以「大視野」及「大使命」的態度，為直銷市場打造更好的形象。

即將限量推出
Limited Offer; Coming Soon

最強增肌塑型*配方啫喱
XS增肌易啫喱 - 清爽菠蘿味

The Most Powerful Muscle-Building & Body-Shaping* Formulated Jelly
XS Muscle Multiplier Jelly – Pineapple Flavor

- 專利配方
- Patented formula

- 嚴選10種有助增強肌肉的氨基酸
- Strictly select 10 amino acids that help strengthen muscle

- 0糖分，僅20卡路里
- Sugar-free - just 20 calories

清爽菠蘿味 Pineapple Flavor
每包120克 120g/pack

* 需配合常規的重量/阻力訓練和健康的飲食
Needs to be combined with regular weight / resistance training plus a healthy diet

9 *種必需氨基酸 + 條件式必需氨基酸 = 專利氨基酸組合*
9 amino acids + conditionally essential amino acid = patented amino acid combination

與XS增肌易配方的氨基酸相同
Same amino acids formulated in XS Muscle Multiplier

攜帶方便，隨時隨地輕鬆飲用
Handy and Convenient; Enjoy Anytime, Anywhere

- 細細包，尤其適合攜帶出門
- 步行、慢跑或行山等輕量運動時或運動後，快速補充能量，有助增肌
- 上班期間補充能量，輕鬆無負擔
- 菠蘿味，清爽又滋味

- Portable size, easy to carry
- Quickly replenish energy during or after light exercise such as walking, jogging or hiking, helping to build muscle at the same time
- Helps to replenish energy while you're at work
- A fresh pineapple taste

身體成分大檢查（男士篇）內臟脂肪 不可忽視

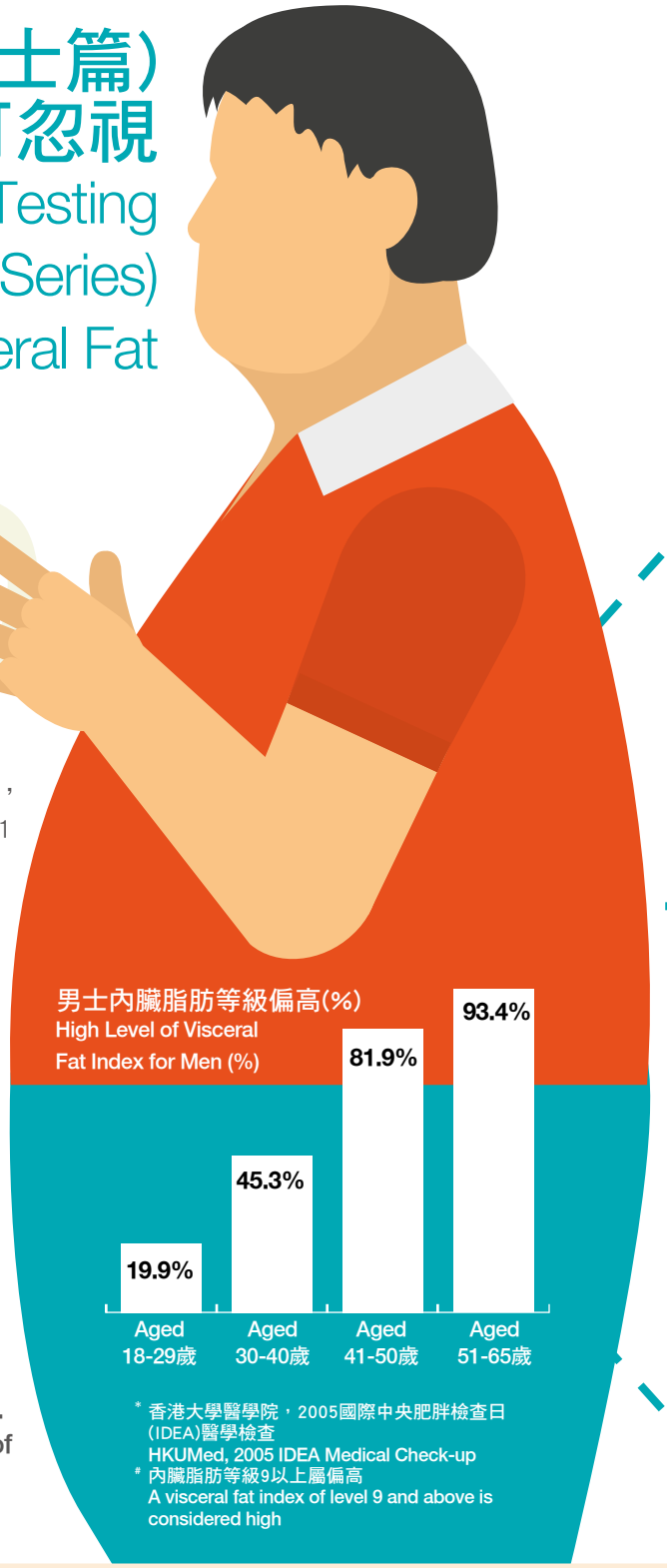
Body Composition Testing (Men's Series) The Dangers of Visceral Fat

「啤酒肚」通常都會用作形容男性的「大肚腩」，男性又是否特別容易有「大肚腩」呢？有研究發現，四成港人的腰圍超標，屬「大肚腩」一族；「中央肥胖」亦有年輕化跡象，男性步入30歲就開始有「大肚腩」*。

設置於安利體驗館的身體成分分析機，近4年間收集了接近10,000名年齡介乎18至65歲量度者的身體成分資料(體重管理比賽參加者之資料不計算在內)，30至40歲的男士當中，4成半的內臟脂肪等級屬偏高#；而41至65歲的男士當中，則有超過8成的內臟脂肪等級屬偏高#。「中央肥胖」，正正就是內臟脂肪過多的常見表徵之一。

Men are more prone to carrying extra weight in their stomachs, and it's a fact of life that men are more likely to get a beer belly. Research has shown that 40% of Hong Kong people have a waist circumference that is greater than normal and so belong to the "fat belly" group*. It is observed that "central obesity' begins in young adulthood, men who are entering their 30s start to have "fat belly".

The Body Composition Analyzer installed at the Amway Experience Centre collected body composition data from some 10,000 individuals aged between 18 and 65 over the past four years (excluding those taking part in the weight management competition). The analysis showed that 45% of men aged 30 to 40 had a high visceral fat index#, while more than 80% of men aged 41 to 65 had a high visceral fat index#. The results indicate that so-called "central obesity" is one of signs that the body is storing excessive visceral fat.



* 香港大學醫學院，2005國際中央肥胖檢查日(IDEA)醫學檢查
HKUMed, 2005 IDEA Medical Check-up

\# 內臟脂肪等級9以上屬偏高
A visceral fat index of level 9 and above is considered high

什麼是內臟脂肪 What is Visceral Fat?

體脂肪大致可分為皮下脂肪與內臟脂肪兩大類。皮下脂肪存在於皮膚下，如手臂、大腿、臀部等；內臟脂肪則主要環繞在腹腔與腸胃四周。內臟脂肪對健康的危害比皮下脂肪嚴重；若內臟脂肪過多，有較高機會患上各種慢性疾病。相對女性，較多男性喜歡喝酒和進食較多肉類，同時較不重視身型，這都與男士內臟脂肪比女性高有關。事實上，並不是所有內臟脂肪高的人士都會有「大肚腩」，這類人士屬於「隱形肥胖」。他們體重正常，但是體內脂肪比例卻超出標準；因此我們要定期量度脂肪率，盡早發現，及早預防。

Body fat mainly consists of subcutaneous fat and visceral fat. Subcutaneous fat exists under the skin in areas around the arms, thighs and buttocks, while visceral fat lies underneath the muscle and surrounds the abdominal organs. Visceral fat is more dangerous than subcutaneous fat as it is associated with an increased risk of various chronic diseases. Men have a higher tendency to accumulate visceral fat than women due to factors such as drinking more alcohol, consuming more meat in their diet, and paying less attention to their body shape.

It's important to note that not all people with high levels of visceral fat will have a pot belly. Such people can be defined as "invisible obesity", whose weight is normal, but their body fat ratio is above average. This means that we need to measure body fat on a more regular basis for early detection and prevention.

如何減掉內臟脂肪？
How Do We Reduce Visceral Fat?

進行有氧運動
Do Aerobic Exercise

建議進行輕鬆的肌力訓練及有氧運動。每週進行至少3次，每次30分鐘以上如跑步、健身操、瑜珈等運動，對消耗內臟脂肪有一定的效果。

Lightweight strength training and aerobic exercise are recommended. Do exercise such as running, aerobics or yoga at least three times a week and for more than 30 minutes in each session. This helps to reduce visceral fat and you will soon notice a considerable difference.

改變飲食習慣
Change Your Eating Habits

減醣並減糖：過量食用精緻澱粉，會較易導致脂肪形成並堆積在肚子四周。建議選擇高纖的澱粉類取代精緻澱粉，如番薯、粟米等。

少食油炸食物：油炸食物往往含有過高的熱量。當缺乏運動時，身體便會把剩餘的熱量轉化為脂肪並儲存於體內；建議多以水煮或清蒸食物取代。

增加攝取膳食纖維：水溶性纖維可以透過抑制食慾與幫助維持腸道健康，從而減少內臟脂肪。

Cut down on carbohydrates and sugar in your diet. Excess consumption of refined starch will easily lead to fat accumulation, especially around the belly. It is recommended to consume high-fiber starch such as sweet potato and corn.

Avoid high-calorie fried foods. When you do not get enough exercise, your body will convert excess calories into fat and store it in your body. It is recommended to replace fried foods with boiled or steamed foods.

Also, try to increase your intake of dietary fiber. Water-soluble fiber helps reduce visceral fat by suppressing your appetite and maintaining intestinal health.

補充優質蛋白質
Use a Quality Protein Supplement

蛋白質也有助促進新陳代謝，從而幫助減輕體重和減少內臟脂肪。

Protein helps to promote the body's metabolism which in turn helps to reduce your weight and visceral fat levels.

纖體樂
Diet Supplement

- 抑制過多醣分於消化後轉化成脂肪
- 加快新陳代謝，以達至燃燒脂肪的效果
- Reduces the chance of excess glucose being turned into fats
- Accelerates metabolism and promotes fat-burning

纖維粉
Nutri Fiber Powder

- 有助促進腸道內益菌繁殖，增強腸道抵抗力，保持腸道健康
- 餐前進食纖維，有助增加飽肚感，從而控制食量
- Encourages the growth of healthy bacteria which in turn promotes healthy bowel movements
- Provides a feeling of fullness to help regulate what you eat

全植物蛋白質粉
All Plant Protein Powder

- 提煉自純天然大豆、小麥及豌豆，不含乳糖，不含膽固醇及脂肪含量低
- 有助促進細胞的新陳代謝並作出修補
- Naturally derived from soy, wheat and pea to provide a lactose-free, cholesterol-free and low-fat source of protein
- Promotes cellular metabolism and repair

ARTISTRY

雅姿光感煥白系列
ARTISTRY™ IDEAL RADIANCE™ Collection

根據雅姿科學家的研究指出，黑色素沉澱的問題早在25歲前便逐漸形成，直到30歲後慢慢浮現在肌膚表面。因此，要擁有光透亮白的肌膚，25歲開始就得分秒必爭，以雅姿光感煥白系列由內而外全方位擊退黑色素。雅姿光感煥白系列運用獨家煥白微脂囊，配搭星百合複合物、AA2G亮白科技及100%高濃度珍珠蛋白，以升級配方擊退不同類型的肌膚色素問題，提升肌膚光澤，重現3D光透亮白美肌！

According to our scientists' research, melanin precipitation can gradually begin to occur at ages as young as 25 years old, and pigmentation will start to appear on the skin surface at around the age of 30. To make our skin look bright, white and translucent, we need to start our whitening regimen before melanin precipitation begins to have an impact. The ARTISTRY IDEAL RADIANCE™ collection is an effective solution for tackling melanin from the inside out.

The ARTISTRY IDEAL RADIANCE™ collection is formulated with Star Lily Blend and AA2G Skin-Brightening Technology together with 100% Pearl Protein, effectively working against all types of discoloration. It brightens the skin's complexion and helps you regain a luminous and translucent glow from within!

3 大美白成分
煥白控黑科技再升級 全面截擊色素根源
Powerful Whitening Ingredients
Upgraded whitening technology targets different kinds of skin discoloration

星百合複合物 Star Lily Blend

雅姿科學家從2,500種成分中嚴選能讓肌膚亮白的成分，進行實驗室及臨床測試，最終星白合被認定為最有效令肌膚亮白的成分。星百合源於希臘北部沿海地區，擁有阻止黑素體轉化成黑色素的超凡能力，結合雛菊及月見草花卉精華，有效改善膚色，減淡所有類型的色斑、膚色不均及暗沉，將光感煥白系列的功效極緻發揮。

Our scientists strictly selected skin-brightening ingredients among 2,500 ingredients to conduct a numerous of laboratory and clinical tests. Star Lily Blend has been identified as the most effective skin-brightening ingredient. Indigenous to the coastal areas of northern Greece, star lily shows an ability to maintain its pure white luminosity. Combined with English daisy and evening primrose flower extracts it works to maximize the efficacy of the IDEAL RADIANCE™ system and helps minimize the appearance of all types of discolorations, uneven skin tone, spots and dullness.

AA2G亮白科技 AA2G Skin-Brightening Technology

以葡萄糖結合穩定性維他命C的AA2G亮白科技，經臨床實驗證實，應用於光感煥白系列的產品中，能有效減淡色斑，均勻膚色，帶來非一般的美白功效。

AA2G Skin-Brightening Technology is a stabilized form of vitamin C combined with glucose. It is an exceptionally powerful skin brightener that has been clinically proven to reduce the appearance of skin pigmentation and to brighten and even the skin tone.

珍珠蛋白 Pearl Protein

採用100%高濃度的珍珠蛋白，有效淡化色斑，改善膚色不均，並提升肌膚光澤。

Incorporates a 100% high concentration of pearl protein to brighten the skin and diminish the appearance of dark spots and discoloration.

光感煥白系列產品
IDEAL RADIANCE™ Products

1 潔面乳 Illuminating Foam Cleanser

蘊含專利燕麥精華，能溫和潔淨肌膚，帶走角質，同時保持肌膚水分，使用後肌膚明亮通透、柔嫩光滑。
Patented Oat Extract gently removes impurities to clean the skin and leave it feeling soft and smooth. The cleanser helps to reveal a radiant glow over time while protecting the skin's moisture levels.

2 柔膚水 Illuminating Softening Lotion

清爽配方配合亮白成分，即時為肌膚注水，煥發肌膚自然光采，並幫助肌膚吸收後續光感煥白系列產品的高效美白成分。
Refreshing formula with advanced brightening ingredients gives skin an instant surge of moisture while leaving it with a fresh and healthy glow. The lotion prepares skin to receive the maximum brightening benefits from other IDEAL RADIANCE™ products.

4 輕盈防曬乳SPF50 PA++++ UV Protect SPF50 PA++++

早上於完成基本護膚程序後及外出前使用，能保護肌膚免受紫外線及環境侵害所引致的色斑及膚色不均等問題，亦可作底妝使用。
Apply following your morning skincare routine and before you go out to protect your skin from the damaging effects of UV and environmental factors, and to prevent the formation of dark spots and discoloration caused by UV exposure. It can also be used as a smooth base for makeup.

5 CC霜SPF50 PA+++ Illuminating CC Cream SPF50 PA+++

早上於完成基本護膚程序後及外出前使用，能均勻膚色並展現無瑕膚質；亦可作底妝使用，減淡黑色素、細紋及其他瑕疵，令妝容透亮持久。
Apply following your morning skincare routine and before you go out to ensure a more even skin tone and perfect complexion. It can also be worn as an illuminating base under foundation to diminish dark spots, lines and other imperfections.

3 乳液及乳霜 Illuminating Milky Emulsion & Illuminating Moisture Cream

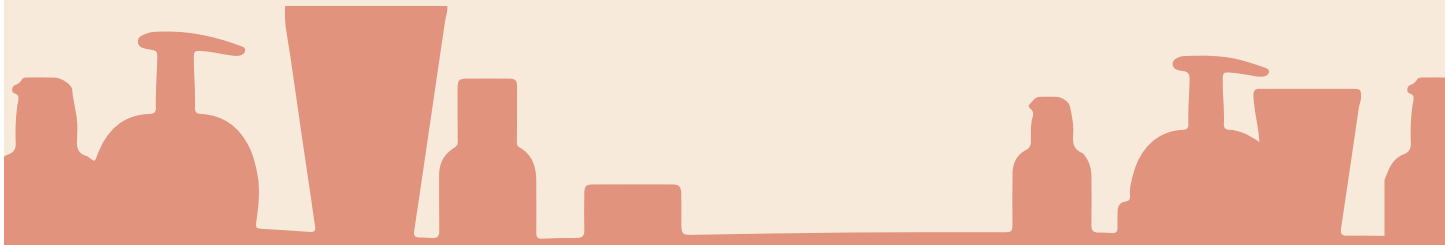
蘊含於紐崔萊™農場種植及以人手採摘的專利白奇亞籽及紅石榴精華，極具抗氧化及美白功效，有助抑制膚色不均及色斑形成。使用乳液後，100%女性肌膚得到即時滋潤；使用乳霜後，97%女性能維持肌膚滋潤度達一整天。
Contains patented White Chia Seed and Pomegranate Extract from ingredients that are grown and hand-picked on Nutrilite™ farms. The emulsion and cream have antioxidant and brightening benefits that help discourage the appearance of an uneven skin tone and dark spots. 100% women had an instant moisture surge after using Illuminating Milky Emulsion, while 97% women maintained their skin hydration levels throughout the day after using Illuminating Moisture Cream.

ARTISTRY

雅姿愛地球 零塑海洋 與微膠珠說Bye Bye

始於1958年，雅姿針對各種膚質的不同肌膚需要，提供多元化產品組合，從基礎營養、彩妝及整體美容方案，注入大自然力量，配合科學達致完美，為每位女性度身而設，打造出獨一無二的美麗自信。產品的質量固然重要，雅姿對環境保護同樣予以高度重視，致力在產品研製及生產過程中融入環保理念，多年來採取不同的措施，為顧客提供高效產品的同時，也為保護環境出一分力。

雅姿在歐盟規定禁止對化妝品作動物測試之前，已率先停止動物測試；且當絕大多數的壓縮噴霧產品仍使用氯氟碳化合物作為推進劑時，於1978年已停止使用會破壞臭氧層的氯氟碳。雅姿的產品亦符合「友善地球」的理念，不含微膠珠，當中植萃滋養系列擁有純素認證，不含礦物油、對羥基苯甲酸酯及鄰苯二甲酸酯；採用在紐崔萊™農場種植的植物成分，從種子到成品，一站式追蹤。



我們的承諾 Our Promise

塑膠需要經過長時間才能分解，不但污染土壤，釋出有害物質，更會對海洋造成污染。除了肉眼可見的膠袋、膠樽外，微細的微膠珠亦對環境造成傷害。雅姿一直奉行對環保理念的堅持，更於今年參與環境保護署展開的「Bye Bye微膠珠」約章，履行對「綠色生活、愛護環境」的承諾；當中G&H身體護理系列、SATINIQUE™美髮護理產品及glister口腔護理產品均參與了是次計劃。

It takes a long time – possibly hundreds of years – for plastics to decompose in the natural environment, polluting the soil and the ocean as harmful substances are released. In addition to plastic bags and bottles, which are visible to the naked eye, tiny microbeads can also cause significant damage to the environment.

ARTISTRY™ has always adhered to its mission of environmental protection and was an eager participant in the "Bye Bye Microbeads" charter launched by the Environmental Protection Department of Hong Kong this year, fulfilling our commitment to "living a green life and caring for the environment". G&H body care collection, SATINIQUE™ hair care products and glister oral care products have joined this scheme.

ARTISTRY™ Loves the Earth Bye Bye Microbeads

Founded in 1958, the ARTISTRY™ portfolio features skincare, makeup and holistic beauty solutions that are infused with nature, perfected by science, and personalized for individual needs. In addition to producing a range of high-quality products, ARTISTRY has consistently placed a high value on the importance of environmental protection.

For many years, the company has worked to incorporate environmentally friendly values into its product development and manufacturing processes through a range of effective measures. These include halting testing on animals before the European Union imposed a ban on animal testing for cosmetics, and ceasing to use chlorofluorocarbons (CFC, an organic compound that will cause ozone depletion) as a propellant in aerosol products when most products in the market were still using it.

ARTISTRY will continue to work towards the goal of environmental protection, with products that align with the company's environmental objectives. ARTISTRY products do not contain environmentally damaging microbeads, while the Skin Nutrition™ collection is registered with The Vegan Society and is free from mineral oils, parabens and phthalates. The collection is infused with the power of Nutrilite™-grown nutrients, allowing for unprecedented "seed-to-skin" traceability.

甚麼是微膠珠？ What are Microbeads

微膠珠是直徑小於5毫米的固體塑膠顆粒，添加於部分沖洗型個人護理及化妝產品，以發揮如磨砂、去角質或清潔等效能。使用後，微膠珠會被沖洗掉再進入污水處理系統，部分微膠珠會隨淨化水排入大海。但是微膠珠與一些浮游生物大小相若，可能會被海洋生物誤吞而進入食物鏈。同時，微膠珠的表面亦可能積聚化學物質，對海洋生態系統以至人類健康構成潛在風險。

Microbeads, a type of microplastic, are solid plastic particles with a size of less than 5mm. They are frequently used in rinse-off personal care and cosmetic products (PCCPs) for providing functions such as scrubbing, exfoliating or cleansing. After used, microbeads are washed away into the sewerage system, and some will be discharged together with treated effluent into the marine environment. Similar in size to plankton, microbeads may enter the food chain if consumed by marine organisms. Chemical substances can also accumulate on the surface of microbeads, posing additional potential risk to the marine ecosystem and possibly human health.

「Bye Bye 微膠珠」約章 "Bye Bye Microbeads" Charter

「Bye Bye 微膠珠」約章鼓勵業界逐步在本港淘汰含微膠珠的沖洗型產品，讓消費者選購時作出正確選擇，購買不含微膠珠的產品，共同協力從源頭減少微膠珠的潛在影響。

The "Bye Bye Microbeads" charter, launched by the Environmental Protection Department, aims to encourage the trade to progressively phase out rinse-off PCCPs that contain microbeads in Hong Kong. It also helps consumers in choosing microbead-free products, thereby reducing the potential environmental impact of microbeads at source.

保護環境，選擇不含微膠珠的產品，並向朋友講解微膠珠對環境的影響，共同守護地球。

Protect our environment! Choose products that are free of microbeads and explain the impact of microbeads to your friends. Let's work together to protect our precious earth!

呵護每一吋肌膚 給自己健康愜意的沐浴時光

Top Tips for Bathing

乍暖還寒的春季已經來到，氣溫變化大，令身體難以適應，容易誘發各種肌膚問題，特別是濕疹患者，更要加強各方面的肌膚護理。每天的沐浴時間，雖然是讓人最放鬆的me time，卻有一些不宜忽略的細節；掌握以下七個小貼士，除了可享受獨處時光，更可為肌膚帶來全面的細緻呵護。

Spring is approaching and our bodies might find it hard to adapt to the temperature change. People with skin conditions such as eczema may find that things get worse as the seasons change, so it is important to take the best possible care of your delicate skin. Enjoying a relaxing shower or luxurious bath can help you unwind after a long day, but there are things you need to be aware of. The following seven tips will help you take better care of your skin.

沐浴時間不宜過長
Avoid Long Showers

15分鐘為限；沐浴時間過長容易令肌膚脱水，導致痕癢乾燥。

The average time you take to shower should be within 15 minutes. Showering for too long can have an adverse effect on your skin, causing it to feel itchy and dry.

水溫不宜過高
Avoid High Temperatures

水溫過高，令肌膚感覺繃緊及脱水，容易誘發過敏症狀。

Control the temperature of your shower or bath water as it may aggravate tight and dry skin if it is too hot, leading to irritation.

遵從沐浴三部曲
Follow the Bathing Trilogy

先從臉開始，然後再洗身，最後洗頭，避免冷熱變化太大而影響身體血液循環。

Start with the face first, then wash your body and finally your hair. This will help to maintain normal blood circulation for the entire body and prevent any adverse impact due to temperature differences.

避免大力擦拭肌膚
Rub Skin Gently

盡量避免大力用毛巾或海綿擦拭肌膚，以免引起刺激，造成紅腫。

Pat your skin with a flannel or sponge instead of rubbing vigorously. Rubbing skin vigorously can cause irritation and leave you feeling itchy.

貼士 Tip 5
選用較溫和的沐浴產品
Choose Mild Bathing Products

選用性質溫和的沐浴產品，以免破壞肌膚的天然屏障，造成刺激。
Using mild bathing products will help to protect the skin's natural barrier and prevent irritation.

貼士 Tip 6
沐浴後盡快塗上保濕產品
Moisturize Quickly

沐浴後應盡快塗上合適的潤膚產品，有助保濕；可特別注重雙腳、手臂、背部和身體兩側等位置。
Applying moisturizer quickly after bathing is important because it helps to prevent water loss. Pay special attention to areas around the legs, arms, back and both sides of the body.

貼士 Tip 7
選用BathSpring™浴室淨水器濾除污染物
Choose BathSpring™ Bathroom Water Treatment System

確保沐浴用水潔淨無污染，至關重要。BathSpring™浴室淨水器能有效濾除自來水中超過99%游離餘氯及多種污染物，提供潔淨水源，令秀髮和肌膚回復自然防禦功能，重拾健康美麗。
Whether you are taking a shower or having a bath, it is important to ensure that you use water that is clean and fresh. The BathSpring™ Bathroom Water Treatment System is effective in removing over 99% of free residual chlorine and various contaminants, providing you with clean bathing water that helps to restore skin and hair health.

BathSpring™ 浴室淨水器 8 大優勢
BathSpring™ Bathroom Water Treatment System – a Unique Bathing Experience

99%
- 濾除自來水中超過99%游離餘氯，包括紅銹等超過5微米的污染物及微粒
- Removes over 99% of free residual chlorine in water and fine particles including red dust

NSF
- 全機從內到外的零件及生產過程皆經檢驗並獲得美國國家衛生基金會NSF第177項認證
- Tested and certified by NSF Standard 177 for all system components as well as production procedures

- 濾心監察系統，提示濾心尚餘用量
- Filter tracking system will notify you when the filter requires a replacement

- 濾淨量高達150,000公升沐浴用水的濾心，濾淨效能出眾
- Outstanding filtration capacity of 150,000 liters

- 專用花灑頭，提供花灑及水柱兩種出水模式
- Exclusive shower head features two modes: shower and spout

SAFE
- 只需以兩枚AA鹼性電池運作，無需電源線，耗電量低且安全可靠
- Operates on 2 AA-size batteries without the hassle of a cord. Low energy consumption, safe and reliable

- 簡約設計，適合不同設計的浴室
- Minimalist design that fits various bathroom spaces

- 安裝簡易，無需額外工具
- Easy installation, no extra tools needed

安利家居科技產品推廣
Amway HomeTech Product Promotion

於推廣期內，凡購買Atmosphere Sky™空氣清新機、Atmosphere Mini™空氣清新機、安利皇后牌套裝不銹鋼煲或BathSpring™浴室淨水器，即可選以下其中一項優惠。

During the promotion period, upon purchasing the Atmosphere Sky™ Air Treatment System, Atmosphere Mini™ Air Treatment System, Amway Queen™ Cookware Set or BathSpring™ Bathroom Water Treatment System, you can enjoy one of the following offers.

優惠 1
Offer 1
限量禮品
Complimentary Gift on Limited Offer

免費獲贈iCook™不粘鍋（24cm）乙個（價值港幣$1,200）
A complimentary gift of a iCook™ Non-Stick Pan (24cm) (valued at HK$1,200)

- 尺寸: 24厘米直徑（方便實用，小家庭首選）
- 利用極高溫的電漿噴塗技術強化鈦的堅硬特性，提升鍋具耐用性
- 消光黑時尚設計，加高鍋深，方便翻炒烹煮
- 鍋蓋可反向收納，更省空間
- 建議配合低或中溫烹調
- 適用所有常見爐面，包括煤氣爐、玻璃/陶瓷爐、電磁爐
- Size: 24cm in diameter (convenient and practical, ideal for small families)
- Extremely high temperature plasma spraying technology strengthens the hardness of the titanium and improves durability
- With a stylish matte black design, the depth of the pan has been increased to make it easy to stir-fry and cook
- The lid can be flipped over for storage, saving more space
- Recommended for low or medium-temperature cooking
- Suitable for all common stoves, including gas stoves, glass/ceramic stoves and induction cookers

凡購買Atmosphere Sky™空氣清新機、Atmosphere Mini™空氣清新機、安利皇后牌套裝不銹鋼煲或BathSpring™浴室淨水器，即可享12個月免息分期付款或全額支付優惠*。

You can enjoy a 12-month interest-free installment plan or Full Payment Promotion* upon purchasing the Atmosphere Sky™ Air Treatment System, Atmosphere Mini™ Air Treatment System, Amway Queen™ Cookware Set or BathSpring™ Bathroom Water Treatment System.

*如選擇以全額支付購買Atmosphere Sky™或Atmosphere Mini™空氣清新機，更可獲贈額外1年延長保養服務或Princess無線便攜式攪拌機乙個；而選擇以全額支付購買安利皇后牌套裝不銹鋼煲或BathSpring™浴室淨水器，則可獲贈Amway Home優質家居生活禮品包乙份或Princess無線便攜式攪拌機乙個。禮品數量有限，送完即止。

If you choose to pay the full amount upon purchasing the Atmosphere Sky™ Air Treatment System or the Atmosphere Mini™ Air Treatment System, you are entitled to receive an additional 1-year free warranty service or one Princess Portable Blender. If you choose to pay in full upon purchasing the Amway Queen™ Cookware Set or BathSpring™ Bathroom Water Treatment System, you are entitled to receive an Amway Home Quality Living Gift Pack or Princess Portable Blender. Available while stocks last.

優惠 2
Offer
特惠換購價
Special Redemption Offer

以特惠換購價港幣$280換購iCook™不粘鍋(28cm)乙個（價值港幣$1,500）
Redeem one iCook™ Non-Stick Pan (28cm) at a special redemption price of HK$280 (valued at HK$1,500)

- 尺寸: 28厘米直徑 (特大容量，適合多人家庭)
- 利用極高溫的電漿噴塗技術強化鈦的堅硬特性，提升鍋具耐用性
- 消光黑時尚設計，加高鍋深，方便翻炒烹煮
- 鍋蓋可反向收納，更省空間
- 建議配合低或中溫烹調
- 適用所有常見爐面，包括煤氣爐、玻璃/陶瓷爐、電磁爐

- Size: 28cm in diameter (high capacity, more suitable for larger families)
- Extremely high temperature plasma spraying technology strengthens the hardness of the titanium and improves durability
- With a stylish matte black design, the depth of the pan has been increased to make it easy to stir-fry and cook
- The lid can be flipped over for storage, saving more space
- Recommended for low or medium-temperature cooking
- Suitable for all common stoves, including gas stoves, glass/ceramic stoves and induction cookers

禮品換領安排
Gift Redemption Arrangements

有關禮品將於2022年4月上旬開始換領，凡於推廣期間購買Atmosphere Sky™空氣清新機、Atmosphere Mini™空氣清新機、安利皇后牌套裝不銹鋼煲或BathSpring™浴室淨水器，並選擇了禮品之直銷商/優惠顧客，將於購買完成翌日收到相關禮品電子換領配額。安利(香港)將於禮品抵港後，透過短訊通知有關直銷商/優惠顧客具體換領日期，屆時直銷商/優惠顧客可選擇**方法1：親身換領禮品；或方法2：另行下送貨單將禮品送往指定地點。**有關直銷商/優惠顧客亦可隨時登入AmShop，前往禮品配售專區了解禮品的具體換領日期。

Redemption of the gifts will start in early April 2022. Distributors/Privileged Customers who have purchased the Atmosphere Sky™ Air Treatment System, Atmosphere Mini™ Air Treatment System, Amway Queen™ Cookware Set or BathSpring™ Bathroom Water Treatment System during the promotion period and have chosen the gift will receive a gift redemption e-quota on the day following the purchase. After the gift arrives, Amway Hong Kong will notify the relevant Distributors/Privileged Customers of the specific redemption date via SMS. At that time, Distributors/Privileged Customers can choose **Option 1: Collect in Person; or Option 2: Separate Delivery for Your Gift by Placing Delivery Order**. Distributors/Privileged Customers can also log in to AmShop at any time and go to the gift allocation page to learn about the specific redemption date of the gift.

掃描QR碼，瀏覽禮品換領之最新安排及日期。
Scan QR code for updated gift redemption arrangements.

兩款高效能空氣清新機
一個濾淨目標
讓您置身家中
亦能隨時「森」呼吸
盡享清新潔淨空氣

Atmosphere Sky™ & Atmosphere Mini™
Sharing the Same Goal
Enjoying Natural Fresh Air at Home

Atmosphere Sky™空氣清新機
Atmosphere Sky™
Air Treatment System

Atmosphere Mini™空氣清新機
Atmosphere Mini™
Air Treatment System

兩款空氣清新機均可有效濾除逾340種污染物，單次濾淨率高達99.99%，並可濾除小至0.0024微米的顆粒。其中Atmosphere Sky™配備三層濾網，擁有超高潔淨空氣濾淨量，適用於面積高達465平方尺的空間；而Atmosphere Mini™採用三合一濾網，設計更為小巧輕便，易於擺放，適用於200平方尺的空間。

Both can effectively remove more than 340 airborne contaminants with a single pass efficiency performance of 99.99% and can remove particles down to sizes as small as 0.0024 microns. Atmosphere Sky™ Air Treatment System is equipped with 3 filters with higher clean air delivery rate (CADR), suitable for an area of 465 sq. ft. Atmosphere Mini™ Air Treatment System is equipped with a 3-in-1 filter which is portable and compact, suitable for an area of 200 sq. ft.

掃描QR碼，
瀏覽產品詳情

牛尾羅宋湯

Oxtail Borscht Soup

材料

牛尾	500克
洋蔥	1個(切塊)
椰菜	半個(切塊)
番茄	2個(切塊)
薯仔	2個(切塊)
西芹	3瓣(切塊)
紅蘿蔔	1條(切塊)
茄膏	1罐
香葉	3片
黑椒碎	適量
鹽	適量

Ingredients

Oxtail	500g
Onion	1pc(chopped)
Cabbage	Half (chopped)
Tomato	2pcs(chopped)
Potato	2pcs(chopped)
Celery	3 cloves(chopped)
Carrot	1pc(chopped)
Tomato paste	1can
Bay leaf	3pcs
Black pepper	a handful
Salt	a handful

做法 Method

1. 牛尾洗淨出水備用。
Wash and blanch the oxtail, set aside.

2. 先預熱6公升不銹鋼焗鍋，以中至細火爆香洋蔥；再把切碎的椰菜、番茄、薯仔、西芹和紅蘿蔔放入焗鍋中。
Pre-heat the 6L Dutch Oven and saute the onion on a low to medium heat. Then add the chopped cabbage, tomato, potato, celery and carrot to the pot.

3. 放入已汆水的牛尾，再加入清水至蓋過材料；隨後放入香葉及黑椒碎。
Add the blanched oxtail to the pot, then add water till it just covers the level of all ingredients. Add bay leaves and black pepper the next.

4. 大火煲滾後，轉中至細火煲2至3小時；最後加入茄膏、黑椒碎及鹽調味，即成。
Bring the soup to the boil, then simmer for a further two to three hours on a low to medium heat. Finally add tomato paste, black pepper and salt to taste; serve.

羅宋湯知多啲 Learn more about borscht

羅宋湯又稱紅菜湯、蘇伯湯，是源於烏克蘭的濃菜湯；很久以前，紅菜頭加上少量雜菜，便是羅宋湯的主要材料。羅宋湯在全球均大受歡迎，不同地方的人把食譜加以改良，使羅宋湯的口味千變萬化；港式羅宋湯大多會加入茄膏，以調製羅宋湯的色澤並增加甜味。

Borscht soup is a thick vegetable soup originating from Ukraine. Beetroots added with some other assorted vegetables were the soup's main ingredients long time ago. Borscht is a popular soup around the world and people in different places adjust the recipe that makes borscht a wide range of flavor. Hong Kong-style borscht soup adds tomato paste to increase the sweetness of the soup.

安利皇后牌6公升不銹鋼焗鍋
Amway Queen™ Six-Litre Dutch Oven

掃描QR碼，
觀看烹飪短片

安利(香港)榮獲「智醒綠色消費品牌大獎2022」

Amway Hong Kong Awarded "Best Eco-Consumption Award 2022"

安利(香港)榮獲由《明報網站》主辦的「智醒生活品牌大獎2022」- 身心健康類別「智醒綠色消費品牌大獎」。安利自成立以來，一直堅持環保可持續目標，生產的產品均以為地球出一分力和尊重生命為宗旨，貫徹安利「幫助他人過更好的生活」的使命。另外，安利(香港)自2007年開始，一直與香港有機資源中心合作，推出多個環保活動，提升大眾對環保的認識。安利(香港)總經理馮偉昌先生代表安利(香港)，衷心感謝直銷商和顧客多年的鼎力支持與配合，期望品牌繼續秉承環保及永續發展精神，推動大眾實踐環保的健康生活。

Amway Hong Kong has been awarded the "Best Eco-Consumption Award 2022" by Mingpao.com, reaffirming the company's efforts to promote smart living and a greener life. Since its establishment, Amway has always adhered to its goal of environmental protection and sustainable development. All the company's products are manufactured to demonstrate its spirit of "helping people live better lives".

In addition, Amway Hong Kong has been working hand in hand with the Hong Kong Organic Resource Centre since 2007. A broad range of environmental activities have been launched to raise public awareness on the importance of environmental protection.

In response to the award, Ali Fung, General Manager of Amway Hong Kong, sincerely thanks Amway Business Owners for their support over the years, saying that he hopes the Amway brand will continue to uphold the spirit of environmental protection and sustainable development, and promote the benefits of a green and healthy life to the people of Hong Kong.

掃描QR碼，觀看得獎短片。

掃描QR碼，瀏覽詳盡報導。

安利(香港)2021年獎項一覽
Amway Hong Kong Awards in 2021

關懷社群
Care for the Community

15+商界展關懷
15+Caring Company

「大健康產業」發展方向獲業界認同
Market Affirmation of Health & Wellness Strategies

榮獲香港食品保健協會獎項：
Awards by Hong Kong Health Food Association:

- 「卓越表現保健食品大企業」大獎
  Most Outstanding Performance Health Food Company Award
- 積極參與會員公司 - 銅獎
  Bronze Recognition Award

線上線下服務質素均獲肯定
Market Affirmation of Service Quality (Online and Offline)

線下服務 Offline Service

- 頭條No.1大獎 - No.1貼心服務(直銷公司)
  Headline No. 1 Service (Direct Selling Company) Award 2021
- 2021最佳優質服務零售商認證 (健態生活產品組別)
  2021 Quality Service Retailer of the Year (Well-Being Products Category)
- 2021個人傑出服務獎 (健與美產品組別) - 個人銀獎
  2021 Service & Talent Award – Silver Award (Beauty & Healthcare Product)
- 安利(香港)一名美容師及一名店舖員工獲嘉許為2021/22零售大使
  A Beautician and a Centre Staff Awarded Retail Ambassadors 2021/2022

線上服務 Online Service

- 2021「十大優網店」金獎
  2021 Top 10 E-Shop – Gold Award

定期訂貨計劃 Standing Order Program

全新產品組合 New Product Sets

自選產品 | 更靈活 | 滿足不同需要

Optional Products | Greater Flexibility | Meeting Different Needs

專享高達
Enjoy up to
10%
電子產品券回贈
Rebate on Product e-Coupons

安利定期訂貨計劃，以直銷價目每月定期購買指定產品組合，直銷商/優惠顧客於首6期(即連續六期)購買完成後翌月即可獲得相關購買產品組合之總直銷價目8%的電子產品券回贈；於往後每6期(即由第7期開始，每連續六期)購買完成後翌月即可獲得相關購買產品組合之總直銷價目10%的電子產品券回贈。

Distributors/Privileged Customers who join the Standing Order Program and make purchases of designated Product Sets for six consecutive times at the Products' Distributor Price are entitled to receive a Product e-Coupon the following month valued at 8% of the total DP of all Product Sets purchased. For every six consecutive orders in the future (starting from the seventh order), Distributors/Privileged Customers are entitled to receive a Product e-Coupon the following month valued at 10% of the total DP of all Product Sets purchased.

升級功能
根據你的不同需要，轉換產品組合之產品內容*！
Upgraded Functions
Enables you to change products* in the Product Set based on individual needs!

* 以每月為一期的自動送貨產品組合，如紐崔萊™產品組合，可於購買每6期轉換自選項目的產品乙次；以每2個月為一期的自動送貨產品組合，如雅姿產品組合，則可每期轉換自選項目的產品。
For Product Sets that are automatically shipped every month, such as the Nutrilite™ Product Set, you can choose to change the optional products after every six orders purchased. For Product Sets that are automatically shipped every two months, such as the ARTISTRY™ Product Set, you can choose to change the optional products with every order purchased.

現有定期訂貨計劃客戶 升級計劃
將自動轉型為相應升級產品組合，但仍保留原本產品組合訂單*#
Upgraded Plan for Current Standing Order Program Customers
Automatically change to a corresponding upgraded Product Set but retain the original Product Set order

* 若該訂單價值未達港幣$1,200，將提供12個月豁免期，期內需自行加購產品達到港幣$1,200以延續合約。
If the original order does not reach HK$1,200, a 12-month wavier period will be given. You need to purchase additional products to reach HK$1,200 to extend the contract within the period.
\# 若豁免期後該訂單價值未達港幣$1,200，合約將自動終止。
If the purchased order does not reach HK$1,200 after the wavier period, the Standing Order Program for that order will be terminated automatically.

靈活功能 Order in a Flexi Way

享有指定優惠
Enjoyed a designated discount

隨時查看訂單狀態，
更改訂單/送貨/信用卡資料
View and manage your order; change order information through the order account at any time

簡單訂貨
Simple ordering process

每月自動送貨，一律免運費
Free and automatic monthly delivery

梗有一款啱你
Find all your favourite products

掃描QR碼，
立即參加

有關定期訂貨計劃的參加方法、付款方式及常見問題，可參閱相關資訊。
Please refer to related materials for details of enrolment, payment methods and an FAQ for the Standing Order Program.

專享高達 10% 電子產品券回贈
Enjoy up to 10% Rebate of Product e-Coupon

基礎營養組合 Basic Nutrition Product Set

必選
Mandatory

- 紐崔萊™多寶營養片(補充裝) x 1
- Nutrilite™ Double X Refill Pack x 1

自選(選擇最少一件並符合全組合滿港幣$1,200/澳門幣1,238.5或以上)
Optional (Choose at least one and fulfill HK$1,200/MOP1,238.5 or above for the whole set)

- 任何口味之紐崔萊™蛋白質粉(450克/500克/900克)
  Any flavor of Nutrilite™ Protein Powder (450g/500g/900g)
- 紐崔萊™雙效維他命B營養片
  Nutrilite™ Vitamin B Plus Dual-Action
- 紐崔萊™長效維他命C營養片
  Nutrilite™ Vitamin C Extended Release
- 紐崔萊™鈣鎂維他命D片
  Nutrilite™ Cal Mag D

體重管理組合 Weight Management Product Set

必選
Mandatory

- 紐崔萊™蜂蜜卵磷脂粉 x 1
  Nutrilite™ Hon E Leci Powder x 1
- 任何口味之樂纖™營養代餐*(最少一件，可重複選擇)
  Any flavor of BodyKey by Nutrilite™ Meal Replacement Shake* (choose at least one, repeated selection is allowed)

自選(選擇最少一件並符合全組合滿港幣$1,200/澳門幣1,238.5或以上)
Optional (Choose at least one and fulfill HK$1,200/MOP1238.5 or above for the whole set)

- 任何口味之紐崔萊™蛋白質粉(450克/500克/900克)
  Any flavor of Nutrilite™ Protein Powder (450g/500g/900g)
- 紐崔萊™強效複合乳酸菌(30/90小包)
  Nutrilite™ Balance Within™ Probiotic (30/90 stick packs)
- 紐崔萊™雙效維他命B營養片
  Nutrilite™ Vitamin B Plus Dual-Action
- 紐崔萊™纖維粉
  Nutrilite™ Nutri Fiber Powder

*不包括紐崔萊™樂纖™營養飲品（黑胡椒蘑菇口味）BodyKey by Nutrilite™ Nutritional Drink Mix (Black Pepper Mushroom) is not included

全家健康組合 Family Health Product Set

必選
Mandatory

- 紐崔萊™雙效維他命B營養片 x 1
  Nutrilite™ Vitamin B Plus Dual-Action x 1
- 紐崔萊™長效維他命C營養片 x 1
  Nutrilite™ Vitamin C Extended Release x 1
- 紐崔萊™鈣鎂維他命D片 x 1
  Nutrilite™ Cal Mag D x 1

自選(選擇最少一件並符合全組合滿港幣$1,200/澳門幣1,238.5或以上)
Optional (Choose at least one and fulfill HK$1,200/MOP1238.5 or above for the whole set)

- 任何口味之紐崔萊™蛋白質粉(450克/500克/900克)
  Any flavor of Nutrilite™ Protein Powder (450g/500g/900g)
- 紐崔萊™多寶營養片(補充裝)
  Nutrilite™ Double X Refill Pack
- 紐崔萊™奧米加三脂肪酸
  Nutrilite™ Salmon Omega 3 Complex
- 紐崔萊™強效複合乳酸菌(30/90小包)
  Nutrilite™ Balance Within™ Probiotic (30/90 stick packs)

骨骼健康組合 Bone Health Product Set

必選
Mandatory

- 紐崔萊™健絡精華 x 1
  Nutrilite™ Glucosamine x 1
- 紐崔萊™鈣鎂維他命D片 x 1
  Nutrilite™ Cal Mag D x 1

自選(選擇最少一件並符合全組合滿港幣$1,200/澳門幣1,238.5或以上)
Optional (Choose at least one and fulfill HK$1,200/MOP1238.5 or above for the whole set)

- 任何口味之紐崔萊™蛋白質粉(450克/500克/900克)
  Any flavor of Nutrilite™ Protein Powder (450g/500g/900g)
- 紐崔萊™多寶營養片(補充裝)
  Nutrilite™ Double X Refill Pack
- 紐崔萊™奧米加三脂肪酸
  Nutrilite™ Salmon Omega 3 Complex
- 紐崔萊™雙效維他命B營養片
  Nutrilite™ Vitamin B Plus Dual-Action

心肝健康組合(只限香港區） Heart & Liver Health Product Set (For Hong Kong Region Only)

必選
Mandatory

- 紐崔萊™乳薊果精華 x 1
  Nutrilite™ Milk Thistle x 1
- 紐崔萊™奧米加三脂肪酸 x 1
  Nutrilite™ Salmon Omega 3 Complex x 1

自選(選擇最少一件並符合全組合滿港幣$1,200或以上)
Optional (Choose at least one and fulfill HK$1,200 or above for the whole set)

- 任何口味之紐崔萊™蛋白質粉(450克/500克/900克)
  Any flavor of Nutrilite™ Protein Powder (450g/500g/900g)
- 紐崔萊™輔酵素Q10
  Nutrilite™ Coenzyme Q10 Complex
- 紐崔萊™多寶營養片(補充裝)
  Nutrilite™ Double X Refill Pack
- 紐崔萊™雙效維他命B營養片
  Nutrilite™ Vitamin B Plus Dual-Action

強效複合乳酸菌組合/ Balance Within™ Probiotic Set

必選
Mandatory

- 紐崔萊™強效複合乳酸菌(90小包) x 1
  Nutrilite™ Balance Within™ Probiotic
  (90 stick packs) x 1

自選(選擇最少一件並符合全組合滿港幣$1,200/澳門幣1,238.5或以上)
Optional (Choose at least one and fulfill HK$1,200/MOP1,238.5 or above for the whole set)

- 任何口味之紐崔萊™蛋白質粉(450克/500克/900克)
  Any flavor of Nutrilite™ Protein Powder (450g/500g/900g)
- 紐崔萊™多寶營養片(補充裝)
  Nutrilite™ Double X Refill Pack
- 紐崔萊™長效維他命C營養片 x 1
  Nutrilite™ Vitamin C Extended Release x 1
- 紐崔萊™雙效維他命B營養片
  Nutrilite™ Vitamin B Plus Dual-Action

營養配方組合(只限香港區) Customized Pack Product Set (For Hong Kong Region Only)

必選
Mandatory

- 任何營養配方組合(女士青春組合/男士活力組合/長青樂齡組合)(最少一件，不可重複選擇)
  Any Customized Pack (Women's Vital Pack/Men's Energy Pack/Golden Pack) (choose at least one, no repeated selection)

自選(選擇最少一件並符合全組合滿港幣$1,200或以上)
Optional (Choose at least one and fulfill HK$1,200 or above for the whole set)

- 任何口味之紐崔萊™蛋白質粉(450克/500克/900克)
  Any flavor of Nutrilite™ Protein Powder (450g/500g/900g)
- 紐崔萊™月見草精華
  Nutrilite™ Primrose Plus
- 紐崔萊™乳蓟果精華
  Nutrilite™ Milk Thistle
- 紐崔萊™鋸櫚精華
  Nutrilite™ Saw Palmetto
- 紐崔萊™雙效維他命B營養片
  Nutrilite™ Vitamin B Plus Dual-Action
- 紐崔萊™強效複合乳酸菌(30/90小包)
  Nutrilite™ Balance Within™ Probiotic (30/90 stick packs)

鞏固免疫組合(只限澳門區) Immune Product Set (For Macau Region Only)

必選
Mandatory

- 紐崔萊™強效複合乳酸菌(30小包) x 1
  Nutrilite™ Balance Within™ Probiotic (30 stick packs) x 1
- 紐崔萊™長效維他命C營養片 x 1
  Nutrilite™ Vitamin C Extended Release x 1
- 紐崔萊™薄荷香蒜片 x 1
  Nutrilite™ Garlic &
  Peppermint x 1

自選(選擇最少一件並符合全組合滿澳門幣1,238.5或以上)
Optional (Choose at least one and fulfill MOP1,238.5 or above for the whole set)

- 任何口味之紐崔萊™蛋白質粉(450克/900克)
  Any flavor of Nutrilite™ Protein Powder (450g/900g)
- 紐崔萊™多寶營養片(補充裝) Nutrilite™ Double X Refill Pack
- 紐崔萊™強效複合乳酸菌(90小包)
  Nutrilite™ Balance Within™ Probiotic
  (90 stick packs)
- 紐崔萊™天然多種胡蘿蔔素
  Nutrilite™ Natural Multi Carotene

雅姿個人專屬修護精華組合
Artistry Signature Select™ Personalized Serum Set

必選
Mandatory

(此定期訂貨組合須滿港幣$1,200/澳門幣1,238.5或以上，每2個月為1期，每期可更換組合內產品)
(This bi-monthly set must fulfill HK$1,200/MOP1238.5 or above. You can change the products every 2 months)

- 個人專屬修護基底精華液(最少一件，上限兩件)
  Base Serum (choose at least one, at most two)
- 任何個人專屬修護安瓶(最少一件，上限五件，不可重複選擇)
  Any Amplifier (choose at least one, at most five, no repeated selection)
- 晚間睡眠面膜或玻尿酸維C雙效精華液 (最少一件，上限兩件，不可重複選擇)
  Blooming Sleeping Mask or Advanced Vitamin C + HA Treatment (choose at least one, at most two, no repeated selection)

雅姿個人專屬修護面膜組合
Artistry Signature Select™ Masks Set

必選
Mandatory

(此定期訂貨組合須滿港幣$1,200/澳門幣1,238.5或以上，每2個月為1期，每期可更換組合內產品)
(This bi-monthly set must fulfill HK$1,200/MOP1238.5 or above. You can change the products every 2 months)

- 任何個人專屬修護面膜(最少一件，不可重複選擇)
  Any Signature Select™ Masks (choose at least one, no repeated selection)
- 玻尿酸維C雙效精華液 x 2
  Advanced Vitamin C + HA Treatment x 2

一道菜配一種茶
首創「配茶體驗」新概念
Tea Pairing – an Exciting Dining Innovation

Wine Pairing，相信大家一定不感陌生；那以茶配佳餚的Tea Pairing，你又有否聽過？位於銅鑼灣的Glassbelly，是首間以「港式極致」茶主題為概念的高級餐廳；每道菜式也配上頂級中國茶，再配搭高級食材及中西合璧的烹調方法，加入「港式」元素，以創意料理為你帶來味蕾的新衝擊，以及創新的用餐體驗。

Have you experienced the pleasure of tea pairing? Located in Causeway Bay, Glassbelly is the first restaurant in Hong Kong to offer an exquisite tea pairing with a mouth-watering fine dining experience. Each dish is served with premium Chinese teas that match perfectly with the high-quality ingredients and Chinese and Western cooking methods. The innovative dishes combined with the finest teas offer the ultimate customer dining experience.

A：Amagram
W：Glassbelly創辦人Wing Yeung
Wing Yeung, Founder of Glassbelly

A：為何會衍生以茶配佳餚的概念？

W：近代食物科學研究指出，美食配搭的關鍵在於「食物之間擁有共同的香氣分子」；頂級中國茶層次豐富、味道複雜，用以配餐可以提升食物的鮮味、香味和平衡，因而產生了以茶配佳餚的概念。Glassbelly主要選用武夷山岩茶；頂級岩茶含有300多種香氣分子，遠比葡萄酒為多，香味層次更複雜，適合配搭各類型食物。頂級岩茶帶有花、果、香甜、香料等不同香味，能凸顯不同食物的香氣和味道，讓顧客留下深刻印象。

A：一道菜配一口茶，Glassbelly提供的菜式，在選材上有何特別？

W：茶配食物的設計非常複雜，所以我們對食物原材料和調味料的要求非常嚴格，配搭的烹調方式和調味的精準度都經過反覆調整，才能滿足配茶體驗的要求。以Glassbelly推介菜式 — 松露養蛋為例，松露中的雄烯醇是構成松露獨特氣味的香氣分子，這種氣味分子賦予松露令人難以抗拒的麝香氣味；把日本曉蛋和新鮮松露置於密封罐中，松露強烈的麝香氣味能穿透蛋殼並滲入其中，讓曉蛋帶有松露香。菜式以曉蛋入饌，再配上黑松露，最後配上魚子醬自然的咸香，滋味無窮。

A：茶葉和茶具的選用又有什麼關係？

W：Glassbelly的茶葉產品均從原材料出發，聘請專家團隊以味覺科學分析作基礎，建立出一套客觀茶葉分級標準，以多年時間從2,000多種茶葉中嚴選，配合嚴謹的沖泡方法，務求令每位客人獲得極致味覺享受。越好喝的茶，茶多酚含量越高；當茶葉以100度的沸水沖泡時，茶葉的結構會改變並張開，在過程中釋放茶多酚。然而，茶葉的結構會隨著溫度下降而收縮；要保持茶的結構，保持茶具的溫度十分重要。紫陶的材質保溫性最好，在泡茶的過程中使茶葉釋放最多的茶多酚，這也解釋為何紫陶的茶壺能泡最好的茶。

A：泡茶時的用水會如何影響茶的口感？

W：除了茶葉和茶具，泡茶最注重的就是水。一杯好茶，首要的條件就是健康；優質潔淨的食水，能為手中的泡茶錦上添花。我們選用了eSpring™智能淨水器，其高密度活性碳濾心及紫外光燈有效去除160種以上污染物及殺滅水中99.99%細菌病毒，同時保留有益礦物質，符合我們對飲用水的要求；Glassbelly的茶與eSpring™淨水，就是最完美的配搭。

A: How did Glassbelly come up with the concept of tea pairing?

W: Food science studies have shown that the key to food pairing is the common aroma compound shared between foods. Premium tea has a rich and complex flavor that helps to enhance the flavor and balance the taste of each dish, and that was what inspired us to develop the concept of tea pairing. Glassbelly uses specially selected Wuyi Rock Tea which contains over 300 aroma compounds. This makes it suitable for pairing with an array of dishes and bring the best taste experience to our customers.

A: What is special about the dishes offered at Glassbelly?

W: Tea pairing is a very complicated process. To provide our customers with the ultimate satisfaction, we combine carefully selected teas and seasonal ingredients to provide an exquisite tea pairing experience. Truffle-infused egg is one of Glassbelly's signature dishes – the androstanol in black truffle gives a unique scent and an irresistible musky smell. To get the full truffle experience we put the truffle into a sealed can with eggs, infusing the eggs with the aroma and flavor of the truffle. Once the eggs are ready we shave more truffle over them before serving – and adding caviar on top makes the dish even more unforgettable!

A: What is the relationship between the selection of tea and the tea set?

W: GlassBelly's tea products are based on scientific tasting and objective standards to analyze and evaluate the quality and taste of the tea. The best products from 2,000 different types of tea are selected to bring customers the best taste and maximum enjoyment. The higher the polyphenol content, the better the taste of the tea. The brewing temperature is also very important; when you brew water using boiling water at 100°C, the structure of the tea leaves changes and more polyphenol is released. The structure of tea shrinks when the temperature begins to fall, so it is also important to maintain the structure of the tea as well as the temperature of the tea set. Purple pottery has the best heat-retention ability and helps release more polyphenols in the process of brewing tea – which is why we use it at Glassbelly.

A: How does water affect the taste of tea?

W: Water plays an important role in brewing tea. We aim to provide a cup of healthy tea to our customers and the Amway eSpring™ Water Purifier fulfils our needs. Not only is it effective in removing more than 160 contaminants and eliminating 99.99% of waterborne viruses and bacteria, but it also retains beneficial minerals in the water. Glassbelly and eSpring™ are the perfect partners!

eSpring™智能淨水器

- 高密度活性碳濾心及紫外光燈有效去除160種以上污染物及殺滅水中99.99%細菌病毒，同時保留有益礦物質
- 榮獲NSF(美國國家衛生基金會)多項權威認證，安全可靠
- 智能監測系統提示更換濾心，操作簡易
- 榮獲環保管理獎，節能環保

eSpring™ Water Purifier

- The carbon filter removes more than 160 different contaminants and the UV lamp eliminates 99.99% of waterborne viruses and bacteria, but retains beneficial minerals
- Reaches various major water quality standards as certified by the NSF International
- Reminds users to replace the filter
- Awarded the 2010 Environmental Stewardship Award. To make a positive difference on the environment

eSpring™智能淨水器
可有效濾除的污染物

thepowerof5
NUTRILITE

100%全數捐款

用作為營養不良的兒童提供
紐崔萊™Little Bits™營養包。

每月捐款

港幣$80/
澳門幣約83元

能為一名有需要的兒童提供30日的
紐崔萊™Little Bits™營養包。

參加「紐崔萊™ The Power of 5 公益計劃」，
你便可以幫助更多兒童。

可登入AmShop下載捐款表格或
前往任何一間安利購貨中心索取。